

Resultater – MTB-O SM Lang

2024-11-24

| D/H75 | (2 / 2) | Tid | Efter | Tidstab |
|--------------------|-----------------|-----------------|-----------------|-----------------|
| 1. Niels Duedahl | OK ØST Birkerød | 1:45:48 | | 1:27 |
| 4:37 (4:37) | 8:22 (12:59) | 5:46 (18:45) | 9:39 (28:24) | 10:35 (38:59) |
| 7:17 (50:05) | 9:26 (59:31) | 7:20 (1:06:51) | 9:16 (1:16:07) | 6:48 (1:22:55) |
| 6:01 (1:37:16) | 6:25 (1:43:41) | 1:19 (1:45:00) | 0:48 (1:45:48) | |
| Per Allan Pedersen | OK FROS | Fejlklip | | |
| 5:59 (5:59) | 14:59 (20:58) | 23:26 (44:24) | 15:47 (1:00:11) | 13:32 (1:13:43) |
| 13:21 (1:33:11) | 14:27 (1:47:38) | 11:41 (1:59:19) | 21:21 (2:20:40) | 5:20 (2:26:00) |
| – (–) | – (–) | – (–) | – (2:37:45) | – (–) |

| D/H80 | (2 / 2) | Tid | Efter | Tidstab |
|----------------------|-----------------|----------------|----------------|----------------|
| 1. Jan Hausner | OK S.G. | 1:33:35 | | 0:00 |
| 6:37 (6:37) | 11:55 (18:32) | 9:27 (27:59) | 6:25 (34:24) | 12:51 (47:15) |
| 14:33 (1:05:21) | 15:44 (1:21:05) | 9:53 (1:30:58) | 1:31 (1:32:29) | 1:06 (1:33:35) |
| Ellis Byrgiel Sommer | OK ØST Birkerød | Ej startet | | |
| – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) |

| D20 | (3 / 3) | Tid | Efter | Tidstab |
|--------------------------------|-----------------|-----------------|-----------------|----------------|
| 1. Miri Brunstedt Nørgaard | OK ØST Birkerød | 2:06:36 | | 6:24 |
| 4:02 (4:02) | 7:38 (11:40) | 5:29 (17:09) | 8:12 (25:21) | 10:31 (35:52) |
| 7:37 (46:30) | 8:15 (54:45) | 6:04 (1:00:49) | 10:04 (1:10:53) | 3:06 (1:13:59) |
| 3:27 (1:23:05) | 6:33 (1:29:38) | 13:33 (1:43:11) | 5:01 (1:48:12) | 9:41 (1:57:53) |
| 0:55 (2:05:53) | 0:43 (2:06:36) | | | 7:05 (2:04:58) |
| Kristoffer Sundstrup Markussen | OK ØST Birkerød | (1:54:04) | | 8:30 |
| 4:01 (4:01) | 6:28 (10:29) | 4:39 (15:08) | 6:50 (21:58) | 7:19 (29:17) |
| 5:07 (38:15) | 6:50 (45:05) | 5:11 (50:16) | 13:13 (1:03:29) | 8:38 (1:12:07) |
| 3:21 (1:20:03) | 4:48 (1:24:51) | 10:57 (1:35:48) | 3:55 (1:39:43) | 8:38 (1:48:21) |
| 1:02 (1:53:31) | 0:33 (1:54:04) | | | 4:08 (1:52:29) |
| Sofie Okkels Jensen | OK Sorø | Ej startet | | |
| – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) |

| D21 | (4 / 4) | Tid | Efter | Tidstab |
|------------------------------------|-----------------|----------------|----------------|----------------|
| 1. Camilla Søgaard | Horsens OK | 1:53:44 | | 2:25 |
| 3:20 (3:20) | 6:24 (9:44) | 4:19 (14:03) | 6:53 (20:56) | 7:19 (28:15) |
| 5:51 (39:14) | 5:05 (44:19) | 3:21 (47:40) | 7:16 (54:56) | 1:58 (56:54) |
| 6:11 (1:07:24) | 7:05 (1:14:29) | 5:13 (1:19:42) | 7:55 (1:27:37) | 5:17 (1:32:54) |
| 3:07 (1:39:11) | 6:04 (1:45:15) | 2:55 (1:48:10) | 4:12 (1:52:22) | 0:48 (1:53:10) |
| 2. Cæcilie Rueløkke Christoffersen | OK ØST Birkerød | 1:57:08 | +3:24 | 0:00 |
| 4:01 (4:01) | 6:49 (10:50) | 4:58 (15:48) | 7:40 (23:28) | 7:18 (30:46) |
| 6:03 (39:47) | 5:33 (45:20) | 4:27 (49:47) | 6:51 (56:38) | 1:46 (58:24) |
| 6:24 (1:09:09) | 6:53 (1:16:02) | 5:19 (1:21:21) | 7:40 (1:29:01) | 5:46 (1:34:47) |
| 3:22 (1:41:21) | 7:12 (1:48:33) | 3:09 (1:51:42) | 4:09 (1:55:51) | 0:43 (1:56:34) |
| 3. Nikoline Holm Splittorff | FIF Hillerød | 1:57:33 | +3:49 | 4:15 |
| 3:16 (3:16) | 6:29 (9:45) | 6:24 (16:09) | 7:08 (23:17) | 7:42 (30:59) |
| 5:37 (39:17) | 5:19 (44:36) | 4:15 (48:51) | 9:19 (58:10) | 1:51 (1:00:01) |
| 6:17 (1:10:33) | 7:41 (1:18:14) | 5:14 (1:23:28) | 7:48 (1:31:16) | 5:56 (1:37:12) |
| 3:11 (1:43:17) | 6:17 (1:49:34) | 2:52 (1:52:26) | 3:44 (1:56:10) | 0:42 (1:56:52) |
| 4. Anke Dannowski | OK ØST Birkerød | 2:32:49 | +39:05 | 10:25 |
| 4:14 (4:14) | 12:53 (17:07) | 5:33 (22:40) | 8:26 (31:06) | 9:32 (40:38) |
| 7:55 (51:46) | 7:54 (59:40) | 4:10 (1:03:50) | 8:19 (1:12:09) | 2:12 (1:14:21) |
| 8:17 (1:28:10) | 8:00 (1:36:10) | 7:38 (1:43:48) | 8:31 (1:52:19) | 6:57 (1:59:16) |
| 5:08 (2:08:45) | 11:02 (2:19:47) | 4:05 (2:23:52) | 7:20 (2:31:12) | 0:54 (2:32:06) |

| D40 | (3 / 3) | Tid | Efter | Tidstab |
|-------------------------|-----------------|-----------------|-----------------|-----------------|
| 1. Hanne Rasmussen | Allerød OK | 2:19:53 | | 0:00 |
| – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (2:19:53) | | | |
| 2. Anna Hellner | Lunds OK | 2:30:38 | +10:45 | 2:25 |
| 4:55 (4:55) | 8:46 (13:41) | 6:08 (19:49) | 9:53 (29:42) | 11:28 (41:10) |
| 8:13 (55:34) | 10:44 (1:06:18) | 7:18 (1:13:36) | 11:06 (1:24:42) | 4:02 (1:28:44) |
| 4:52 (1:41:25) | 7:37 (1:49:02) | 16:22 (2:05:24) | 5:47 (2:11:11) | 10:50 (2:22:01) |
| 1:21 (2:29:47) | 0:51 (2:30:38) | | | 6:25 (2:28:26) |
| 3. Katja Reibert Hansen | Allerød OK | 2:37:05 | +17:12 | 4:53 |
| 5:35 (5:35) | 8:46 (14:21) | 6:11 (20:32) | 10:03 (30:35) | 11:41 (42:16) |
| 8:55 (54:56) | 11:41 (1:06:37) | 7:49 (1:14:26) | 12:04 (1:26:30) | 5:57 (1:32:27) |
| 5:47 (1:46:23) | 11:00 (1:57:23) | 15:10 (2:12:33) | 6:20 (2:18:53) | 10:42 (2:29:35) |
| 1:12 (2:36:19) | 0:46 (2:37:05) | | | 5:32 (2:35:07) |

| D50 | (4 / 4) | Tid | Efter | Tidstab |
|---------------------|----------|---------|-------|---------|
| 1. Sanna Wallenborg | Lunds OK | 1:54:24 | | 1:22 |

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|-------------------------|------------------------|-----------------|-----------------------|-----------------|----------------|
| 4:12 (4:12) | 7:14 (11:26) | 4:44 (16:10) | 8:09 (24:19) | 8:33 (32:52) | 3:16 (36:08) |
| 5:51 (41:59) | 8:11 (50:10) | 4:55 (55:05) | 8:44 (1:03:49) | 2:49 (1:06:38) | 5:08 (1:11:46) |
| 3:56 (1:15:42) | 6:11 (1:21:53) | 11:24 (1:33:17) | 6:15 (1:39:32) | 8:01 (1:47:33) | 4:45 (1:52:18) |
| 1:25 (1:53:43) | 0:41 (1:54:24) | | | | |
| 2. Nina Hoffmann | OK Sorø | | 2:09:49 +15:25 | 4:16 | |
| 4:26 (4:26) | 12:05 (16:31) | 5:42 (22:13) | 8:46 (30:59) | 8:15 (39:14) | 3:23 (42:37) |
| 7:21 (49:58) | 9:46 (59:44) | 6:09 (1:05:53) | 9:10 (1:15:03) | 3:18 (1:18:21) | 6:17 (1:24:38) |
| 5:01 (1:29:39) | 6:52 (1:36:31) | 12:22 (1:48:53) | 4:52 (1:53:45) | 8:35 (2:02:20) | 5:42 (2:08:02) |
| 1:03 (2:09:05) | 0:44 (2:09:49) | | | | |
| Katja Brunstedt | OK ØST Birkerød | | Fejlkli | | |
| 5:28 (5:28) | 9:52 (15:20) | 8:19 (23:39) | 11:24 (35:03) | 12:46 (47:49) | 3:59 (51:48) |
| 12:32 (1:04:20) | 12:50 (1:17:10) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (1:31:04) | 1:12 (1:32:16) | | | | |
| Malin Ågren | Lunds OK | | Fejlkli | | |
| 4:52 (4:52) | 8:45 (13:37) | – (–) | – (30:13) | 11:42 (41:55) | 4:27 (46:22) |
| 8:50 (55:12) | 11:11 (1:06:23) | 8:50 (1:15:13) | 12:17 (1:27:30) | 4:21 (1:31:51) | 8:15 (1:40:06) |
| – (–) | – (1:56:01) | 13:26 (2:09:27) | 6:49 (2:16:16) | 10:58 (2:27:14) | 6:47 (2:34:01) |
| 1:24 (2:35:25) | 0:53 (2:36:18) | | | | |

| D60 | (6 / 6) | Tid | Efter | Tidstab | |
|-------------------------------|----------------------------|----------------------|-----------------|-----------------|----------------|
| 1. Britt Marie Svesson | OK Pan-Kristianstad | 2:27:29 | | 1:51 | |
| 5:13 (5:13) | 8:40 (13:53) | 6:12 (20:05) | 9:37 (29:42) | 11:48 (41:30) | 3:53 (45:23) |
| 8:14 (53:37) | 11:35 (1:05:12) | 8:03 (1:13:15) | 9:58 (1:23:13) | 3:59 (1:27:12) | 6:56 (1:34:08) |
| 4:36 (1:38:44) | 7:48 (1:46:32) | 14:43 (2:01:15) | 6:05 (2:07:20) | 9:16 (2:16:36) | 6:34 (2:23:10) |
| 3:20 (2:26:30) | 0:59 (2:27:29) | | | | |
| 2. Bente Madsen | THOK | 2:30:17 +2:48 | | 9:55 | |
| 4:27 (4:27) | 9:25 (13:52) | 6:12 (20:04) | 8:54 (28:58) | 10:07 (39:05) | 3:31 (42:36) |
| 7:53 (50:29) | 10:35 (1:01:04) | 11:46 (1:12:50) | 8:57 (1:21:47) | 3:57 (1:25:44) | 7:04 (1:32:48) |
| 8:04 (1:40:52) | 11:00 (1:51:52) | 15:52 (2:07:44) | 5:49 (2:13:33) | 8:15 (2:21:48) | 5:17 (2:27:05) |
| 2:23 (2:29:28) | 0:49 (2:30:17) | | | | |
| 3. Charlotte Bergmann | Allerød OK | 2:33:11 +5:42 | | 9:13 | |
| 4:32 (4:32) | 8:30 (13:02) | 6:12 (19:14) | 9:12 (28:26) | 10:32 (38:58) | 4:29 (43:27) |
| 9:02 (52:29) | 10:27 (1:02:56) | 9:17 (1:12:13) | 12:19 (1:24:32) | 3:48 (1:28:20) | 6:50 (1:35:10) |
| 5:05 (1:40:15) | 7:43 (1:47:58) | 18:50 (2:06:48) | 5:32 (2:12:20) | 11:59 (2:24:19) | 6:34 (2:30:53) |
| 1:26 (2:32:19) | 0:52 (2:33:11) | | | | |
| Ingela Andersson | Lunds OK | Fejlkli | | | |
| 5:07 (5:07) | 9:05 (14:12) | 7:48 (22:00) | 10:35 (32:35) | 12:38 (45:13) | 6:50 (52:03) |
| 9:37 (1:01:40) | 10:48 (1:12:28) | 8:29 (1:20:57) | 21:45 (1:42:42) | 4:38 (1:47:20) | 9:09 (1:56:29) |
| 6:26 (2:02:55) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (2:14:35) | | | | |
| Sanne Fisker | Lyngby OK | Fejlkli | | | |
| 6:49 (6:49) | 16:38 (23:27) | 11:53 (35:20) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (56:16) | | | | |
| Søs Munch Hansen | OK Sorø | Fejlkli | | | |
| 5:00 (5:00) | 15:41 (20:41) | 7:14 (27:55) | 9:40 (37:35) | 10:42 (48:17) | 3:46 (52:03) |
| 9:46 (1:01:49) | 10:34 (1:12:23) | 8:54 (1:21:17) | 9:56 (1:31:13) | 3:44 (1:34:57) | – (–) |
| – (–) | – (–) | – (–) | – (–) | – (–) | – (–) |
| – (–) | – (1:46:24) | | | | |

| D70 | (1 / 1) | Tid | Efter | Tidstab | |
|--------------------------|-----------------|-----------------|-----------------|----------------|-----------------|
| 1. Birgit Hausner | OK S.G. | 2:26:26 | | 0:00 | |
| 7:37 (7:37) | 7:21 (14:58) | 14:14 (29:12) | 12:44 (41:56) | 15:01 (56:57) | 5:21 (1:02:18) |
| 10:18 (1:12:36) | 11:42 (1:24:18) | 12:15 (1:36:33) | 16:47 (1:53:20) | 8:13 (2:01:33) | 14:07 (2:15:40) |
| 8:08 (2:23:48) | 1:30 (2:25:18) | 1:08 (2:26:26) | | | |

| H21 | (3 / 3) | Tid | Efter | Tidstab | |
|---------------------------|------------------|-----------------------|----------------|----------------|----------------|
| 1. Oliver Friis | Navet | 1:58:49 | | 0:00 | |
| 3:01 (3:01) | 5:51 (8:52) | 4:24 (13:16) | 2:54 (16:10) | 6:09 (22:19) | 1:35 (23:54) |
| 3:36 (27:30) | 8:52 (36:22) | 6:01 (42:23) | 6:24 (48:47) | 2:51 (51:38) | 5:45 (57:23) |
| 5:30 (1:02:53) | 5:31 (1:08:24) | 6:23 (1:14:47) | 2:10 (1:16:57) | 3:50 (1:20:47) | 2:25 (1:23:12) |
| 4:12 (1:27:24) | 8:01 (1:35:25) | 3:50 (1:39:15) | 6:52 (1:46:07) | 5:23 (1:51:30) | 2:29 (1:53:59) |
| 3:39 (1:57:38) | 0:39 (1:58:17) | 0:32 (1:58:49) | | | |
| 2. Mads Troelsgård | Lyngby OK | 2:12:25 +13:36 | | 3:34 | |
| 2:59 (2:59) | 6:24 (9:23) | 4:42 (14:05) | 3:16 (17:21) | 6:13 (23:34) | 1:46 (25:20) |
| 4:02 (29:22) | 9:49 (39:11) | 6:14 (45:25) | 6:24 (51:49) | 2:32 (54:21) | 5:54 (1:00:15) |
| 6:21 (1:06:36) | 5:21 (1:11:57) | 6:17 (1:18:14) | 2:56 (1:21:10) | 4:30 (1:25:40) | 3:46 (1:29:26) |
| 5:10 (1:34:36) | 9:55 (1:44:31) | 4:18 (1:48:49) | 9:36 (1:58:25) | 6:16 (2:04:41) | 2:58 (2:07:39) |
| 3:35 (2:11:14) | 0:41 (2:11:55) | 0:30 (2:12:25) | | | |
| 3. Björn Völcker | Lunds OK | 2:20:09 +21:20 | | 3:10 | |
| 3:45 (3:45) | 6:45 (10:30) | 5:14 (15:44) | 3:22 (19:06) | 6:46 (25:52) | 1:38 (27:30) |
| 3:51 (31:21) | 10:14 (41:35) | 6:57 (48:32) | 6:52 (55:24) | 3:11 (58:35) | 6:30 (1:05:05) |
| 7:03 (1:12:08) | 4:50 (1:16:58) | 10:19 (1:27:17) | 2:51 (1:30:08) | 4:56 (1:35:04) | 2:49 (1:37:53) |
| 4:45 (1:42:38) | 9:04 (1:51:42) | 4:22 (1:56:04) | 8:48 (2:04:52) | 6:14 (2:11:06) | 3:42 (2:14:48) |
| 4:00 (2:18:48) | 0:42 (2:19:30) | 0:39 (2:20:09) | | | |

| H50 | (15 / 15) | Tid | Efter | Tidstab | |
|---------------------------|------------------|----------------|-----------------|----------------|----------------|
| 1. Claus Rasmussen | OKR | 2:01:42 | | 2:49 | |
| 3:24 (3:24) | 7:11 (10:35) | 4:23 (14:58) | 7:07 (22:05) | 7:09 (29:14) | 3:24 (32:38) |
| 5:47 (38:25) | 5:21 (43:46) | 4:37 (48:23) | 7:06 (55:29) | 1:41 (57:10) | 4:18 (1:01:28) |
| 6:12 (1:07:40) | 7:19 (1:14:59) | 5:30 (1:20:29) | 10:59 (1:31:28) | 5:46 (1:37:14) | 3:42 (1:40:56) |
| 3:28 (1:44:24) | 7:00 (1:51:24) | 4:34 (1:55:58) | 4:19 (2:00:17) | 0:45 (2:01:02) | 0:40 (2:01:42) |

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|--------------------------------|-----------------|------------------------|-------------------|-----------------|----------------|--|--|
| 2. Malte Lennerstedt | | Lunds OK | 2:05:22 | +3:40 | 3:20 | | |
| 3:39 (3:39) | 6:56 (10:35) | 4:53 (15:28) | 9:30 (24:58) | 7:39 (32:37) | 3:00 (35:37) | | |
| 6:03 (41:40) | 5:48 (47:28) | 4:16 (51:44) | 7:40 (59:24) | 1:58 (1:01:22) | 4:19 (1:05:41) | | |
| 6:19 (1:12:00) | 7:20 (1:19:20) | 5:30 (1:24:50) | 8:09 (1:32:59) | 5:56 (1:38:55) | 3:25 (1:42:20) | | |
| 3:38 (1:45:58) | 7:21 (1:53:19) | 4:00 (1:57:19) | 5:03 (2:02:22) | 2:12 (2:04:34) | 0:48 (2:05:22) | | |
| 3. Carsten Kristiansen | | Holte MTB Klub | 2:10:58 | +9:16 | 6:49 | | |
| 3:51 (3:51) | 6:41 (10:32) | 5:07 (15:39) | 7:51 (23:30) | 7:17 (30:47) | 3:02 (33:49) | | |
| 7:59 (41:48) | 6:52 (48:40) | 5:00 (53:40) | 7:56 (1:01:36) | 1:57 (1:03:33) | 4:39 (1:08:12) | | |
| 6:55 (1:15:07) | 11:24 (1:26:31) | 7:10 (1:33:41) | 8:14 (1:41:55) | 5:50 (1:47:45) | 3:12 (1:50:57) | | |
| 3:38 (1:54:35) | 7:13 (2:01:48) | 3:36 (2:05:24) | 4:08 (2:09:32) | 0:47 (2:10:19) | 0:39 (2:10:58) | | |
| 4. Nils Pistora | | Lunds OK | 2:11:26 | +9:44 | 6:33 | | |
| 4:07 (4:07) | 7:08 (11:15) | 4:50 (16:05) | 7:29 (23:34) | 8:12 (31:46) | 2:54 (34:40) | | |
| 6:31 (41:11) | 5:55 (47:06) | 3:53 (50:59) | 7:33 (58:32) | 1:54 (1:00:26) | 4:46 (1:05:12) | | |
| 6:40 (1:11:52) | 8:29 (1:20:21) | 5:21 (1:25:42) | 12:56 (1:38:38) | 6:52 (1:45:30) | 3:18 (1:48:48) | | |
| 6:01 (1:54:49) | 6:49 (2:01:38) | 3:42 (2:05:20) | 4:46 (2:10:06) | 0:46 (2:10:52) | 0:34 (2:11:26) | | |
| 5. Daniel Östvall | | Lunds OK | 2:17:53 | +16:11 | 6:36 | | |
| 4:11 (4:11) | 7:13 (11:24) | 4:52 (16:16) | 7:53 (24:09) | 9:57 (34:06) | 4:50 (38:56) | | |
| 7:32 (46:28) | 6:36 (53:04) | 4:42 (57:46) | 8:31 (1:06:17) | 1:50 (1:08:07) | 5:06 (1:13:13) | | |
| 7:02 (1:20:15) | 9:07 (1:29:22) | 5:58 (1:35:20) | 8:27 (1:43:47) | 5:51 (1:49:38) | 3:25 (1:53:03) | | |
| 3:30 (1:56:33) | 8:00 (2:04:33) | 5:37 (2:10:10) | 6:15 (2:16:25) | 0:54 (2:17:19) | 0:34 (2:17:53) | | |
| 6. Morten Bang Nørgaard | | OK ØST Birkerød | 2:32:14 | +30:32 | 18:56 | | |
| 7:40 (7:40) | 6:26 (14:06) | 4:58 (19:04) | 7:36 (26:40) | 8:06 (34:46) | 4:20 (39:06) | | |
| 7:49 (46:55) | 6:02 (52:57) | 4:10 (57:07) | 7:30 (1:04:37) | 2:08 (1:06:45) | 5:04 (1:11:49) | | |
| 11:02 (1:22:51) | 8:10 (1:31:01) | 7:07 (1:38:08) | 14:08 (1:52:16) | 7:27 (1:59:43) | 5:14 (2:04:57) | | |
| 4:01 (2:08:58) | 7:06 (2:16:04) | 7:44 (2:23:48) | 6:25 (2:30:13) | 1:20 (2:31:33) | 0:41 (2:32:14) | | |
| 7. Magnus Wallenborg | | Lunds OK | 2:35:50 | +34:08 | 5:07 | | |
| 4:14 (4:14) | 7:12 (11:26) | 6:12 (17:38) | 8:40 (26:18) | 10:14 (36:32) | 5:01 (41:33) | | |
| 7:58 (49:31) | 8:47 (58:18) | 4:51 (1:03:09) | 9:17 (1:12:26) | 2:22 (1:14:48) | 5:43 (1:20:31) | | |
| 7:26 (1:27:57) | 8:30 (1:36:27) | 6:55 (1:43:22) | 13:34 (1:56:56) | 6:47 (2:03:43) | 4:16 (2:07:59) | | |
| 5:36 (2:13:35) | 8:52 (2:22:27) | 4:57 (2:27:24) | 6:36 (2:34:00) | 1:06 (2:35:06) | 0:44 (2:35:50) | | |
| 8. Henrik Seidelin Dam | | Ballerup OK | 2:43:10 | +41:28 | 10:01 | | |
| 4:17 (4:17) | 7:43 (12:00) | 5:54 (17:54) | 8:50 (26:44) | 10:32 (37:16) | 3:36 (40:52) | | |
| 7:23 (48:15) | 6:34 (54:49) | 6:55 (1:01:44) | 9:23 (1:11:07) | 3:01 (1:14:08) | 5:51 (1:19:59) | | |
| 8:15 (1:28:14) | 10:44 (1:38:58) | 7:24 (1:46:22) | 15:17 (2:01:39) | 9:14 (2:10:53) | 5:41 (2:16:34) | | |
| 4:13 (2:20:47) | 7:55 (2:28:42) | 5:13 (2:33:55) | 7:16 (2:41:11) | 1:19 (2:42:30) | 0:40 (2:43:10) | | |
| Ulf Honeth | | Värend GN OL | Fejlklip | | | | |
| 4:05 (4:05) | 8:00 (12:05) | 5:14 (17:19) | 9:03 (26:22) | – (–) | – (38:39) | | |
| 7:19 (45:58) | 6:19 (52:17) | 4:37 (56:54) | 9:48 (1:06:42) | 2:37 (1:09:19) | 5:44 (1:15:03) | | |
| 8:58 (1:24:01) | 9:03 (1:33:04) | 6:53 (1:39:57) | 12:39 (1:52:36) | 25:23 (2:17:59) | 5:22 (2:23:21) | | |
| 4:03 (2:27:24) | 8:33 (2:35:57) | 7:00 (2:42:57) | 8:18 (2:51:15) | 2:03 (2:53:18) | 0:57 (2:54:15) | | |
| Bjarne Hoffmann | | Navet | Diskv. | | | | |
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| Martin Thorwart | | Preetzer TSV | Diskv. | | | | |
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| Mikael Johansson | | Värend GN OL | Diskv. | | | | |
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| Michael Lindholm | | Navet | Ej startet | | | | |
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| Per Hansen | | FSK Orientering | Ej startet | | | | |
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| Ulrich Ghisler | | Allerød OK | Ej startet | | | | |
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H60

| | | (21 / 21) | Tid | Efter | Tidstab | | |
|---------------------------|----------------|--------------------|----------------|----------------|----------------|--|--|
| 1. Pär Gustavsson | | FK Herkules | 2:03:30 | | 0:00 | | |
| 3:38 (3:38) | 7:06 (10:44) | 5:37 (16:21) | 3:24 (19:45) | 6:51 (26:36) | 1:54 (28:30) | | |
| 4:17 (32:47) | 6:26 (39:13) | 4:44 (43:57) | 7:43 (51:40) | 7:58 (59:38) | 3:21 (1:02:59) | | |
| 6:00 (1:08:59) | 7:52 (1:16:51) | 4:53 (1:21:44) | 8:18 (1:30:02) | 2:46 (1:32:48) | 5:12 (1:38:00) | | |
| 3:11 (1:41:11) | 6:07 (1:47:18) | 5:56 (1:53:14) | 3:29 (1:56:43) | 5:12 (2:01:55) | 0:52 (2:02:47) | | |
| 0:43 (2:03:30) | | | | | | | |
| 2. Stefan Kollberg | | Eksjö SOK | 2:09:33 | +6:03 | 4:52 | | |
| 3:55 (3:55) | 6:45 (10:40) | 5:07 (15:47) | 3:50 (19:37) | 8:32 (28:09) | 1:49 (29:58) | | |
| 4:18 (34:16) | 6:26 (40:42) | 4:58 (45:40) | 7:38 (53:18) | 9:13 (1:02:31) | 3:02 (1:05:33) | | |
| 6:31 (1:12:04) | 9:42 (1:21:46) | 5:41 (1:27:27) | 9:56 (1:37:23) | 2:49 (1:40:12) | 4:50 (1:45:02) | | |
| 3:17 (1:48:19) | 6:05 (1:54:24) | 5:16 (1:59:40) | 3:33 (2:03:13) | 4:58 (2:08:11) | 0:47 (2:08:58) | | |
| 0:35 (2:09:33) | | | | | | | |

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|----|----------------------|------------------|-----------------|-----------------|-----------------|----------------|--|
| 3. | Bjarke Sucksdorff | Allerød OK | 2:10:23 | +6:53 | 0:00 | | |
| | 4:13 (4:13) | 7:38 (11:51) | 6:08 (17:59) | 4:25 (22:24) | 7:37 (30:01) | 2:10 (32:11) | |
| | 4:35 (36:46) | 6:37 (43:23) | 5:13 (48:36) | 8:07 (56:43) | 7:43 (1:04:26) | 2:57 (1:07:23) | |
| | 7:15 (1:14:38) | 8:14 (1:22:52) | 5:55 (1:28:47) | 7:56 (1:36:43) | 3:08 (1:39:51) | 5:13 (1:45:04) | |
| | 3:39 (1:48:43) | 5:54 (1:54:37) | 5:18 (1:59:55) | 4:15 (2:04:10) | 4:30 (2:08:40) | 0:58 (2:09:38) | |
| | 0:45 (2:10:23) | | | | | | |
| 4. | Pesho Hedberg | Lunds OK | 2:13:26 | +9:56 | 0:00 | | |
| | 4:38 (4:38) | 7:41 (12:19) | 5:55 (18:14) | 3:53 (22:07) | 8:05 (30:12) | 1:57 (32:09) | |
| | 4:58 (37:07) | 6:55 (44:02) | 5:25 (49:27) | 8:52 (58:19) | 7:59 (1:06:18) | 3:08 (1:09:26) | |
| | 6:56 (1:16:22) | 8:13 (1:24:35) | 5:51 (1:30:26) | 8:13 (1:38:39) | 2:50 (1:41:29) | 5:29 (1:46:58) | |
| | 3:39 (1:50:37) | 6:44 (1:57:21) | 5:46 (2:03:07) | 3:30 (2:06:37) | 5:20 (2:11:57) | 0:51 (2:12:48) | |
| | 0:38 (2:13:26) | | | | | | |
| 5. | Troels Bent Hansen | Allerød OK | 2:23:21 | +19:51 | 2:01 | | |
| | 4:30 (4:30) | 7:51 (12:21) | 5:57 (18:18) | 4:16 (22:34) | 7:56 (30:30) | 2:06 (32:36) | |
| | 4:56 (37:32) | 7:22 (44:54) | 5:15 (50:09) | 8:14 (58:23) | 9:34 (1:07:57) | 3:24 (1:11:21) | |
| | 7:36 (1:18:57) | 9:15 (1:28:12) | 6:39 (1:34:51) | 9:37 (1:44:28) | 3:22 (1:47:50) | 5:35 (1:53:25) | |
| | 4:09 (1:57:34) | 6:15 (2:03:49) | 8:02 (2:11:51) | 4:38 (2:16:29) | 5:08 (2:21:37) | 1:03 (2:22:40) | |
| | 0:41 (2:23:21) | | | | | | |
| 6. | Bjørn Sommer | 1900 Orientering | 2:38:25 | +34:55 | 18:43 | | |
| | 11:33 (11:33) | 7:34 (19:07) | 6:05 (25:12) | 4:46 (29:58) | 7:15 (37:13) | 1:59 (39:12) | |
| | 4:28 (43:40) | 7:48 (51:28) | 4:43 (56:11) | 7:43 (1:03:54) | 9:07 (1:13:01) | 4:55 (1:17:56) | |
| | 8:09 (1:26:05) | 7:41 (1:33:46) | 5:46 (1:39:32) | 10:50 (1:50:22) | 3:44 (1:54:06) | 5:28 (1:59:34) | |
| | 3:55 (2:03:29) | 7:03 (2:10:32) | 7:16 (2:17:48) | 5:12 (2:23:00) | 11:01 (2:34:01) | 3:37 (2:37:38) | |
| | 0:47 (2:38:25) | | | | | | |
| 7. | Steen Leisner Larsen | Allerød OK | 3:11:39 | +1:08:09 | 3:54 | | |
| | 5:25 (5:25) | 9:39 (15:04) | 7:26 (22:30) | 5:39 (28:09) | 11:47 (39:56) | 2:43 (42:39) | |
| | 6:36 (49:15) | 8:55 (58:10) | 7:01 (1:05:11) | 11:41 (1:16:52) | 11:39 (1:28:31) | 4:26 (1:32:57) | |
| | 10:07 (1:43:04) | 10:21 (1:53:25) | 9:38 (2:03:03) | 15:54 (2:18:57) | 4:06 (2:23:03) | 7:33 (2:30:36) | |
| | 6:06 (2:36:42) | 8:56 (2:45:38) | 9:09 (2:54:47) | 6:27 (3:01:14) | 7:26 (3:08:40) | 2:07 (3:10:47) | |
| | 0:52 (3:11:39) | | | | | | |
| 8. | Michael Jonsen | Allerød OK | 3:20:36 | +1:17:06 | 8:19 | | |
| | 6:51 (6:51) | 9:42 (16:33) | 7:09 (23:42) | 5:56 (29:38) | 10:48 (40:26) | 2:46 (43:12) | |
| | 6:57 (50:09) | 9:42 (59:51) | 6:03 (1:05:54) | 11:01 (1:16:55) | 13:25 (1:30:20) | 4:45 (1:35:05) | |
| | 10:05 (1:45:10) | 11:18 (1:56:28) | 11:07 (2:07:35) | 15:23 (2:22:58) | 5:46 (2:28:44) | 8:56 (2:37:40) | |
| | 5:51 (2:43:31) | 10:25 (2:53:56) | 10:22 (3:04:18) | 6:53 (3:11:11) | 6:57 (3:18:08) | 1:34 (3:19:42) | |
| | 0:54 (3:20:36) | | | | | | |
| | Frans Hermodsson | Lunds OK | Fejlklip | | | | |
| | 4:48 (4:48) | 9:17 (14:05) | 7:16 (21:21) | 5:13 (26:34) | 13:49 (40:23) | 3:31 (43:54) | |
| | 6:17 (50:11) | 12:31 (1:02:42) | 8:13 (1:10:55) | 10:59 (1:21:54) | - (-) | - (1:37:22) | |
| | 12:42 (1:50:04) | 15:15 (2:05:19) | 8:54 (2:14:13) | - (-) | - (-) | - (-) | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| | - (2:37:11) | | | | | | |
| | Per Seidelin | Lyngby OK | Fejlklip | | | | |
| | 5:33 (5:33) | 9:29 (15:02) | 8:47 (23:49) | 5:27 (29:16) | 9:36 (38:52) | 3:31 (42:23) | |
| | 6:40 (49:03) | 10:54 (59:57) | 8:04 (1:08:01) | 13:06 (1:21:07) | 11:40 (1:32:47) | - (-) | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| | - (1:51:34) | | | | | | |
| | Rolf Lund | Helsingør SOK | Fejlklip | | | | |
| | - (-) | - (-) | - (-) | - (-) | - (-) | - (-) | |
| | - (-) | - (-) | - (17:34) | 8:16 (25:50) | 8:55 (34:45) | 3:11 (37:56) | |
| | 7:47 (45:43) | 7:57 (53:40) | 6:03 (59:43) | 8:48 (1:08:31) | 4:32 (1:13:03) | 5:53 (1:18:56) | |
| | 4:32 (1:23:28) | 6:38 (1:30:06) | - (-) | - (1:57:37) | 5:33 (2:03:10) | 1:27 (2:04:37) | |
| | 0:48 (2:05:25) | | | | | | |
| | Gunner Sie | OK ØST Birkerød | Udgået | | | | |
| | 12:30 (12:30) | 11:21 (23:51) | 13:46 (37:37) | 6:15 (43:52) | 15:28 (59:20) | 2:54 (1:02:14) | |
| | 9:34 (1:11:48) | 11:18 (1:23:06) | 7:25 (1:30:31) | - (-) | - (-) | - (-) | |
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| | Carsten Thye Agger | Helsingør SOK | Ej startet | | | | |
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| | Christer Nilsson | Lunds OK | Ej startet | | | | |
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| | Finn Johannsen | Ballerup OK | Ej startet | | | | |
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| | Hans Kööhler | Trollhättans SOK | Ej startet | | | | |
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