

Resultater – SensommerCup 2024 E2

2024-08-30

D1	(1 / 1)	Tid	Efter	Tidstab
1. Irina Kupriyanova	Farum OK	1:16:52		0:00
1:25 (1:25)	2:13 (3:38)	1:52 (5:30)	8:32 (14:02)	1:20 (15:22)
3:34 (27:40)	4:18 (31:58)	3:34 (35:32)	5:45 (41:17)	1:56 (43:13)
1:59 (49:35)	4:15 (53:50)	10:41 (1:04:31)	5:21 (1:09:52)	3:50 (1:13:42)
0:44 (1:16:13)	0:39 (1:16:52)			1:47 (1:15:29)
D2	(1 / 1)	Tid	Efter	Tidstab
Maria Krog Schulz	Ballerup OK	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)				
D3	(11 / 11)	Tid	Efter	Tidstab
1. Birgitte Birck	Allerød OK	38:21		1:59
2:14 (2:14)	2:12 (4:26)	5:53 (10:19)	2:21 (12:40)	5:05 (17:45)
1:53 (25:50)	7:59 (33:49)	2:34 (36:23)	1:01 (37:24)	0:57 (38:21)
				6:12 (23:57)
2. Fiona Palsgaard	Søllerød OK	41:06	+2:45	5:39
2:01 (2:01)	3:06 (5:07)	5:25 (10:32)	2:30 (13:02)	5:02 (18:04)
4:39 (27:37)	9:46 (37:23)	2:07 (39:30)	1:02 (40:32)	0:34 (41:06)
				4:54 (22:58)
3. Maria Douglas	FIF Hillerød	41:55	+3:34	8:13
5:30 (5:30)	2:49 (8:19)	9:27 (17:46)	3:26 (21:12)	4:26 (25:38)
1:45 (30:49)	6:50 (37:39)	2:24 (40:03)	1:05 (41:08)	0:47 (41:55)
				3:26 (29:04)
4. Gitte Grauert	Ballerup OK	48:15	+9:54	5:43
2:08 (2:08)	3:12 (5:20)	6:41 (12:01)	5:26 (17:27)	6:57 (24:24)
2:50 (33:22)	8:58 (42:20)	3:30 (45:50)	1:22 (47:12)	1:03 (48:15)
				6:08 (30:32)
5. Eva Emanuelsson	Helsingborgs SOK	52:21	+14:00	8:40
2:22 (2:22)	3:22 (5:44)	6:38 (12:22)	9:33 (21:55)	6:12 (28:07)
2:38 (35:23)	10:40 (46:03)	3:58 (50:01)	1:19 (51:20)	1:01 (52:21)
				4:38 (32:45)
6. Annelise Hansen	FIF Hillerød	58:12	+19:51	11:49
4:23 (4:23)	3:39 (8:02)	7:00 (15:02)	12:11 (27:13)	6:49 (34:02)
3:51 (42:50)	9:16 (52:06)	3:32 (55:38)	1:37 (57:15)	0:57 (58:12)
				4:57 (38:59)
7. Ulla Valnert	OK73	1:13:38	+35:17	11:05
3:24 (3:24)	4:40 (8:04)	9:29 (17:33)	6:59 (24:32)	10:11 (34:43)
5:55 (52:01)	12:53 (1:04:54)	5:14 (1:10:08)	1:58 (1:12:06)	1:32 (1:13:38)
				11:23 (46:06)
8. Inger Jensen	FSK Orientering	1:14:36	+36:15	21:52
2:23 (2:23)	14:34 (16:57)	7:11 (24:08)	7:23 (31:31)	7:45 (39:16)
5:22 (50:34)	15:48 (1:06:22)	4:39 (1:11:01)	1:48 (1:12:49)	1:47 (1:14:36)
				5:56 (45:12)
9. Kirsten Truelsen	Ballerup OK	1:19:02	+40:41	7:44
2:59 (2:59)	5:07 (8:06)	11:39 (19:45)	8:25 (28:10)	9:51 (38:01)
3:48 (52:23)	16:22 (1:08:45)	6:01 (1:14:46)	2:29 (1:17:15)	1:47 (1:19:02)
				10:34 (48:35)
10. Hanne Frost	Ballerup OK	1:19:52	+41:31	13:41
12:34 (12:34)	5:04 (17:38)	9:25 (27:03)	5:41 (32:44)	9:25 (42:09)
5:28 (54:40)	15:55 (1:10:35)	4:40 (1:15:15)	2:45 (1:18:00)	1:52 (1:19:52)
				7:03 (49:12)
Anne Maarup	Allerød OK	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
D4	(1 / 1)	Tid	Efter	Tidstab
1. Mette Vejen Eriksen	THOK	1:00:37		0:00
3:22 (3:22)	10:19 (13:41)	2:36 (16:17)	4:25 (20:42)	9:57 (30:39)
5:40 (43:18)	2:01 (45:19)	3:53 (49:12)	5:29 (54:41)	4:47 (59:28)
				6:59 (37:38)
				1:09 (1:00:37)
D6	(1 / 1)	Tid	Efter	Tidstab
Inge K. Kristoffersen	Ballerup OK	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
H1	(3 / 3)	Tid	Efter	Tidstab
1. Anton Kupriyanov Hviid	Farum OK	1:06:36		2:49
1:09 (1:09)	1:49 (2:58)	1:38 (4:36)	8:19 (12:55)	1:31 (14:26)
2:55 (26:49)	2:56 (29:45)	3:37 (33:22)	10:13 (43:35)	1:43 (45:18)
1:31 (50:51)	2:51 (53:42)	3:05 (56:47)	4:41 (1:01:28)	2:46 (1:04:14)
0:36 (1:06:11)	0:25 (1:06:36)			1:21 (1:05:35)
2. Anders Kaag Døpping	Søllerød OK	1:18:46	+12:10	9:13
1:20 (1:20)	1:45 (3:05)	6:14 (9:19)	8:32 (17:51)	1:44 (19:35)
3:10 (32:59)	3:05 (36:04)	6:43 (42:47)	7:51 (50:38)	2:15 (52:53)
1:53 (59:44)	3:05 (1:02:49)	2:45 (1:05:34)	5:20 (1:10:54)	3:57 (1:14:51)
0:50 (1:18:14)	0:32 (1:18:46)			2:33 (1:17:24)
3. Per Hansen	FSK Orientering	1:36:18	+29:42	18:14
4:18 (4:18)	2:10 (6:28)	4:24 (10:52)	12:17 (23:09)	1:22 (24:31)
3:17 (38:38)	4:12 (42:50)	8:30 (51:20)	7:20 (58:40)	2:01 (1:00:41)
2:24 (1:09:49)	4:17 (1:14:06)	7:12 (1:21:18)	5:25 (1:26:43)	4:43 (1:31:26)
1:31 (1:35:36)	0:42 (1:36:18)			10:50 (35:21)
				6:44 (1:07:25)
				2:39 (1:34:05)

H2		(17 / 17)	Tid	Efter	Tidstab		
1.	Alex Ottesen	Ballerup OK	37:31		0:49		
	1:17 (1:17)	2:07 (3:24)	4:18 (7:42)	3:27 (11:09)	1:27 (12:36)	7:58 (20:34)	
	3:04 (23:38)	4:39 (28:17)	2:48 (31:05)	3:48 (34:53)	1:25 (36:18)	0:40 (36:58)	
	0:33 (37:31)						
2.	Dan Eriksen	THOK	41:52	+4:21	2:02		
	1:42 (1:42)	2:32 (4:14)	4:51 (9:05)	3:45 (12:50)	2:35 (15:25)	9:42 (25:07)	
	2:39 (27:46)	4:36 (32:22)	2:45 (35:07)	3:44 (38:51)	1:29 (40:20)	0:38 (40:58)	
	0:54 (41:52)						
3.	Peter Steen Landsperg	THOK	42:38	+5:07	1:30		
	1:27 (1:27)	2:24 (3:51)	4:45 (8:36)	3:36 (12:12)	1:25 (13:37)	10:15 (23:52)	
	3:27 (27:19)	5:13 (32:32)	3:07 (35:39)	3:10 (38:49)	2:31 (41:20)	0:43 (42:03)	
	0:35 (42:38)						
4.	Jakob Albahn	THOK	44:09	+6:38	2:09		
	1:38 (1:38)	2:00 (3:38)	6:37 (10:15)	3:45 (14:00)	1:26 (15:26)	9:38 (25:04)	
	3:18 (28:22)	5:27 (33:49)	3:29 (37:18)	3:33 (40:51)	1:47 (42:38)	0:48 (43:26)	
	0:43 (44:09)						
5.	Lars Lyngsø	Allerød OK	45:12	+7:41	3:10		
	2:15 (2:15)	2:01 (4:16)	4:51 (9:07)	3:58 (13:05)	1:45 (14:50)	9:52 (24:42)	
	2:55 (27:37)	7:27 (35:04)	3:02 (38:06)	3:52 (41:58)	1:30 (43:28)	0:49 (44:17)	
	0:55 (45:12)						
6.	Leif Pedersen	FSK Orientering	50:32	+13:01	2:41		
	1:18 (1:18)	2:21 (3:39)	5:38 (9:17)	4:35 (13:52)	1:43 (15:35)	11:23 (26:58)	
	4:11 (31:09)	5:58 (37:07)	4:50 (41:57)	4:58 (46:55)	2:00 (48:55)	0:51 (49:46)	
	0:46 (50:32)						
7.	Kurt Thuesen	FSK Orientering	50:52	+13:21	5:21		
	1:31 (1:31)	2:24 (3:55)	9:39 (13:34)	4:20 (17:54)	1:37 (19:31)	10:50 (30:21)	
	2:51 (33:12)	5:32 (38:44)	3:44 (42:28)	4:00 (46:28)	2:54 (49:22)	0:45 (50:07)	
	0:45 (50:52)						
8.	David Palsgaard	Søllerød OK	53:49	+16:18	5:01		
	2:38 (2:38)	2:24 (5:02)	6:11 (11:13)	4:20 (15:33)	1:38 (17:11)	11:21 (28:32)	
	4:15 (32:47)	5:53 (38:40)	3:58 (42:38)	7:46 (50:24)	1:56 (52:20)	0:44 (53:04)	
	0:45 (53:49)						
9.	Michael Nygaard Møller	Ballerup OK	55:44	+18:13	5:07		
	2:35 (2:35)	3:07 (5:42)	6:57 (12:39)	5:03 (17:42)	1:51 (19:33)	11:13 (30:46)	
	3:49 (34:35)	8:30 (43:05)	3:59 (47:04)	3:54 (50:58)	3:03 (54:01)	0:57 (54:58)	
	0:46 (55:44)						
10.	Per Windfeld-Hansen	OK ØST Birkerød	57:35	+20:04	6:34		
	1:20 (1:20)	2:38 (3:58)	6:29 (10:27)	4:47 (15:14)	1:57 (17:11)	11:57 (29:08)	
	3:17 (32:25)	7:12 (39:37)	9:32 (49:09)	4:54 (54:03)	1:56 (55:59)	0:57 (56:56)	
	0:39 (57:35)						
11.	Jakob Døpping	Søllerød OK	1:00:23	+22:52	11:42		
	1:35 (1:35)	2:17 (3:52)	5:04 (8:56)	4:27 (13:23)	1:42 (15:05)	21:40 (36:45)	
	3:47 (40:32)	8:40 (49:12)	3:41 (52:53)	4:20 (57:13)	1:56 (59:09)	0:39 (59:48)	
	0:35 (1:00:23)						
12.	Gregers Jørgensen	Ballerup OK	1:03:52	+26:21	15:46		
	1:21 (1:21)	6:13 (7:34)	6:01 (13:35)	4:54 (18:29)	6:44 (25:13)	10:04 (35:17)	
	3:21 (38:38)	7:26 (46:04)	7:50 (53:54)	5:41 (59:35)	2:36 (1:02:11)	0:48 (1:02:59)	
	0:53 (1:03:52)						
13.	Erik Sørensen	Allerød OK	1:10:54	+33:23	7:14		
	2:26 (2:26)	3:16 (5:42)	8:15 (13:57)	5:58 (19:55)	3:22 (23:17)	18:56 (42:13)	
	5:24 (47:37)	7:12 (54:49)	4:11 (59:00)	5:17 (1:04:17)	3:40 (1:07:57)	2:08 (1:10:05)	
	0:49 (1:10:54)						
	Carsten Thye Agger	Helsingør SOK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)						
	Henrik Albahn	Lyngby OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)						
	Morten Ploug	Ballerup OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)						
	Søren Sloth	FIF Hillerød	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)						
H3		(10 / 10)	Tid	Efter	Tidstab		
1.	Henrik Kleffel	Søllerød OK	38:14		4:13		
	2:52 (2:52)	4:52 (7:44)	5:21 (13:05)	2:55 (16:00)	4:34 (20:34)	3:32 (24:06)	
	2:09 (26:15)	7:12 (33:27)	3:09 (36:36)	0:54 (37:30)	0:44 (38:14)		
2.	Jens Peter Gundorf	OK ØST Birkerød	38:58	+0:44	2:52		
	2:23 (2:23)	2:43 (5:06)	4:54 (10:00)	2:29 (12:29)	5:13 (17:42)	5:23 (23:05)	
	1:52 (24:57)	9:24 (34:21)	2:33 (36:54)	0:57 (37:51)	1:07 (38:58)		
3.	Jens Høgsfeldt	FIF Hillerød	45:10	+6:56	3:00		
	2:17 (2:17)	3:17 (5:34)	6:27 (12:01)	3:06 (15:07)	6:40 (21:47)	6:36 (28:23)	
	2:34 (30:57)	8:37 (39:34)	3:14 (42:48)	1:08 (43:56)	1:14 (45:10)		

4.	Jørgen Chr. Nielsen	FIF Hillerød	46:25	+8:11	4:37		
	2:11 (2:11)	3:19 (5:30)	8:08 (13:38)	3:05 (16:43)	5:54 (22:37)	4:35 (27:12)	
	2:59 (30:11)	11:28 (41:39)	2:36 (44:15)	1:07 (45:22)	1:03 (46:25)		
5.	Thorkild Sørensen	FIF Hillerød	48:37	+10:23	6:51		
	3:57 (3:57)	2:58 (6:55)	7:46 (14:41)	2:58 (17:39)	8:42 (26:21)	4:05 (30:26)	
	2:17 (32:43)	9:35 (42:18)	2:57 (45:15)	2:16 (47:31)	1:06 (48:37)		
6.	Søren Christensen	OK Skærmens Hareskov	50:30	+12:16	7:10		
	2:49 (2:49)	4:01 (6:50)	8:10 (15:00)	2:49 (17:49)	5:22 (23:11)	5:57 (29:08)	
	2:21 (31:29)	14:23 (45:52)	2:43 (48:35)	0:48 (49:23)	1:07 (50:30)		
7.	Leif Sig	FIF Hillerød	52:42	+14:28	4:45		
	2:38 (2:38)	3:30 (6:08)	8:13 (14:21)	4:31 (18:52)	6:33 (25:25)	5:20 (30:45)	
	5:21 (36:06)	10:50 (46:56)	3:17 (50:13)	1:19 (51:32)	1:10 (52:42)		
8.	Jørn Andreassen	OK73	1:30:13	+51:59	17:53		
	3:49 (3:49)	6:42 (10:31)	9:57 (20:28)	14:16 (34:44)	9:16 (44:00)	10:46 (54:46)	
	3:59 (58:45)	21:17 (1:20:02)	4:57 (1:24:59)	3:38 (1:28:37)	1:36 (1:30:13)		
	Jan Kristoffersen	Ballerup OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)		
	Niels Raagaard	Søllerød OK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)		

H4		(1 / 1)	Tid	Efter	Tidstab		
1.	Max-Emil Kupriyanov Hviid	Farum OK	1:08:05		0:00		
	4:33 (4:33)	12:53 (17:26)	2:25 (19:51)	4:52 (24:43)	15:15 (39:58)	5:49 (45:47)	
	7:11 (52:58)	1:40 (54:38)	3:54 (58:32)	5:18 (1:03:50)	3:41 (1:07:31)	0:34 (1:08:05)	

H5		(5 / 5)	Tid	Efter	Tidstab		
1.	August Kvist	OK Skærmens Hareskov	32:09		0:41		
	1:46 (1:46)	1:32 (3:18)	3:51 (7:09)	2:53 (10:02)	2:00 (12:02)	3:15 (15:17)	
	2:32 (17:49)	1:12 (19:01)	3:59 (23:00)	5:10 (28:10)	3:25 (31:35)	0:34 (32:09)	
2.	David Lind	OK Skærmens Hareskov	32:10	+0:01	0:39		
	1:38 (1:38)	1:36 (3:14)	3:47 (7:01)	2:46 (9:47)	2:04 (11:51)	3:24 (15:15)	
	2:29 (17:44)	1:14 (18:58)	4:01 (22:59)	5:02 (28:01)	3:35 (31:36)	0:34 (32:10)	
3.	Søren Kvist	OK Skærmens Hareskov	32:22	+0:13	1:29		
	1:52 (1:52)	1:40 (3:32)	3:43 (7:15)	2:50 (10:05)	2:03 (12:08)	3:18 (15:26)	
	2:29 (17:55)	1:13 (19:08)	3:59 (23:07)	5:11 (28:18)	3:27 (31:45)	0:37 (32:22)	
4.	Adrian Kuprianov Hviid	Farum OK	37:13	+5:04	6:44		
	1:17 (1:17)	0:59 (2:16)	4:30 (6:46)	4:57 (11:43)	4:00 (15:43)	3:46 (19:29)	
	3:02 (22:31)	2:48 (25:19)	3:16 (28:35)	4:26 (33:01)	3:31 (36:32)	0:41 (37:13)	
5.	Sven-Ake Emanuelsson	Helsingborgs SOK	41:08	+8:59	3:52		
	3:36 (3:36)	2:13 (5:49)	4:52 (10:41)	3:50 (14:31)	2:28 (16:59)	4:11 (21:10)	
	3:11 (24:21)	1:59 (26:20)	3:54 (30:14)	5:17 (35:31)	4:29 (40:00)	1:08 (41:08)	

Åben 1		(1 / 1)	Tid	Efter	Tidstab		
1.	Johannes Marager	Allerød OK	1:02:37		0:00		
	1:03 (1:03)	1:43 (2:46)	1:35 (4:21)	8:55 (13:16)	1:45 (15:01)	8:31 (23:32)	
	2:15 (25:47)	3:37 (29:24)	3:43 (33:07)	5:32 (38:39)	1:34 (40:13)	4:43 (44:56)	
	1:12 (46:08)	2:55 (49:03)	2:25 (51:28)	4:40 (56:08)	3:39 (59:47)	1:37 (1:01:24)	
	0:42 (1:02:06)	0:31 (1:02:37)					

Åben 2		(21 / 21)	Tid	Efter	Tidstab		
1.	Ulrik Nielsen	Søllerød OK	33:19		1:40		
	1:15 (1:15)	1:23 (2:38)	3:36 (6:14)	2:58 (9:12)	1:12 (10:24)	7:08 (17:32)	
	2:23 (19:55)	4:14 (24:09)	3:17 (27:26)	2:27 (29:53)	2:10 (32:03)	0:34 (32:37)	
	0:42 (33:19)						
2.	Sune Dandanell	Søllerød OK	34:20	+1:01	1:50		
	1:21 (1:21)	2:00 (3:21)	3:50 (7:11)	3:02 (10:13)	1:08 (11:21)	7:05 (18:26)	
	2:14 (20:40)	4:14 (24:54)	3:26 (28:20)	2:35 (30:55)	2:11 (33:06)	0:35 (33:41)	
	0:39 (34:20)						
3.	Jens Knud Maarup	Allerød OK	35:52	+2:33	0:55		
	1:07 (1:07)	1:53 (3:00)	4:42 (7:42)	3:20 (11:02)	1:17 (12:19)	7:52 (20:11)	
	2:17 (22:28)	4:44 (27:12)	2:32 (29:44)	3:24 (33:08)	1:27 (34:35)	0:38 (35:13)	
	0:39 (35:52)						
4.	Tim Falck Maag	THOK	37:47	+4:28	0:34		
	1:29 (1:29)	1:34 (3:03)	4:44 (7:47)	3:31 (11:18)	1:23 (12:41)	8:45 (21:26)	
	2:37 (24:03)	4:43 (28:46)	2:46 (31:32)	3:09 (34:41)	1:40 (36:21)	0:45 (37:06)	
	0:41 (37:47)						
5.	Christian Olsen	AMOK	38:42	+5:23	1:20		
	1:11 (1:11)	2:02 (3:13)	4:34 (7:47)	3:39 (11:26)	1:25 (12:51)	9:08 (21:59)	
	2:40 (24:39)	4:42 (29:21)	2:51 (32:12)	3:38 (35:50)	1:33 (37:23)	0:41 (38:04)	
	0:38 (38:42)						
6.	Erik Melby	Søllerød OK	40:52	+7:33	1:44		
	1:13 (1:13)	1:51 (3:04)	4:52 (7:56)	3:37 (11:33)	1:23 (12:56)	9:34 (22:30)	
	2:31 (25:01)	5:13 (30:14)	3:24 (33:38)	3:11 (36:49)	2:42 (39:31)	0:37 (40:08)	
	0:44 (40:52)						
7.	Anders Marager	Allerød OK	41:30	+8:11	2:33		
	1:50 (1:50)	1:44 (3:34)	5:18 (8:52)	3:27 (12:19)	1:24 (13:43)	8:56 (22:39)	
	3:25 (26:04)	5:16 (31:20)	3:22 (34:42)	4:08 (38:50)	1:22 (40:12)	0:39 (40:51)	
	0:39 (41:30)						

8.	Sten Skytte Kirkegaard	THOK	51:57	+18:38	2:22		
	1:37 (1:37)	2:05 (3:42)	6:07 (9:49)	4:36 (14:25)	2:07 (16:32)	13:21 (29:53)	
	3:06 (32:59)	6:32 (39:31)	4:12 (43:43)	4:33 (48:16)	1:53 (50:09)	1:00 (51:09)	
	0:48 (51:57)						
9.	Amalie Broman	Allerød OK	53:13	+19:54	4:46		
	2:49 (2:49)	2:11 (5:00)	6:27 (11:27)	6:23 (17:50)	2:22 (20:12)	11:24 (31:36)	
	3:53 (35:29)	6:51 (42:20)	3:27 (45:47)	3:55 (49:42)	1:56 (51:38)	0:49 (52:27)	
	0:46 (53:13)						
10.	Joakim Ilsing Sørensen	Ballerup OK	53:15	+19:56	3:21		
	1:44 (1:44)	2:25 (4:09)	8:39 (12:48)	5:26 (18:14)	1:44 (19:58)	11:01 (30:59)	
	3:24 (34:23)	6:15 (40:38)	4:01 (44:39)	4:04 (48:43)	2:27 (51:10)	1:13 (52:23)	
	0:52 (53:15)						
11.	Frede Lillelund	Søllerød OK	54:20	+21:01	5:58		
	1:45 (1:45)	3:53 (5:38)	5:16 (10:54)	7:35 (18:29)	3:05 (21:34)	10:40 (32:14)	
	3:18 (35:32)	6:21 (41:53)	4:29 (46:22)	4:07 (50:29)	2:06 (52:35)	1:03 (53:38)	
	0:42 (54:20)						
12.	Morten Neregaard	Vinderød	54:34	+21:15	1:04		
	1:21 (1:21)	2:14 (3:35)	6:04 (9:39)	4:49 (14:28)	1:59 (16:27)	12:18 (28:45)	
	3:41 (32:26)	7:14 (39:40)	4:38 (44:18)	5:29 (49:47)	2:27 (52:14)	1:12 (53:26)	
	1:08 (54:34)						
13.	Poul-Hennig Poulsen	THOK	56:36	+23:17	3:38		
	1:37 (1:37)	2:41 (4:18)	6:30 (10:48)	7:04 (17:52)	2:45 (20:37)	12:17 (32:54)	
	4:12 (37:06)	7:02 (44:08)	4:14 (48:22)	4:22 (52:44)	2:11 (54:55)	0:54 (55:49)	
	0:47 (56:36)						
14.	Jan Johansen	PI-København	57:41	+24:22	8:04		
	1:59 (1:59)	2:25 (4:24)	5:55 (10:19)	4:48 (15:07)	2:08 (17:15)	18:45 (36:00)	
	4:09 (40:09)	6:18 (46:27)	3:21 (49:48)	3:58 (53:46)	2:20 (56:06)	0:48 (56:54)	
	0:47 (57:41)						
15.	Flemming Wendelboe	Helsingør SOK	58:24	+25:05	0:00		
	1:58 (1:58)	2:46 (4:44)	6:51 (11:35)	5:18 (16:53)	2:14 (19:07)	12:56 (32:03)	
	4:03 (36:06)	7:26 (43:32)	5:16 (48:48)	5:03 (53:51)	2:26 (56:17)	1:03 (57:20)	
	1:04 (58:24)						
16.	Louise Wraa-Hansen	THOK	1:04:18	+30:59	2:17		
	1:26 (1:26)	3:09 (4:35)	7:24 (11:59)	5:59 (17:58)	2:24 (20:22)	14:59 (35:21)	
	5:14 (40:35)	8:18 (48:53)	4:51 (53:44)	5:21 (59:05)	2:37 (1:01:42)	1:29 (1:03:11)	
	1:07 (1:04:18)						
17.	Sebastian Hansen Lindboe	THOK	1:23:19	+50:00	28:03		
	14:55 (14:55)	2:50 (17:45)	6:06 (23:51)	5:34 (29:25)	1:57 (31:22)	28:13 (59:35)	
	3:41 (1:03:16)	7:27 (1:10:43)	5:21 (1:16:04)	3:40 (1:19:44)	2:09 (1:21:53)	0:42 (1:22:35)	
	0:44 (1:23:19)						
18.	Mathias Hansen Lindboe	THOK	1:24:20	+51:01	28:45		
	8:11 (8:11)	10:34 (18:45)	6:06 (24:51)	5:31 (30:22)	1:54 (32:16)	28:18 (1:00:34)	
	3:39 (1:04:13)	7:30 (1:11:43)	5:20 (1:17:03)	3:40 (1:20:43)	2:10 (1:22:53)	0:43 (1:23:36)	
	0:44 (1:24:20)						
	Birte Langkilde	Ballerup OK	Fejlklip				
	3:25 (3:25)	– (–)	– (18:09)	– (–)	– (–)	– (–)	
	– (–)	– (48:51)	– (–)	– (1:04:20)	4:59 (1:09:19)	1:57 (1:11:16)	
	1:33 (1:12:49)						
	Christian Skjoldvang Andersen	Helsingør SOK	Ej startet				
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)						
	Pablo Jensen	Farum OK	Ej startet				
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)						

Aben 3		(11 / 11)	Tid	Efter	Tidstab		
1.	Elin Nørgård Kracht	PI-København	29:13		0:00		
	1:55 (1:55)	2:10 (4:05)	4:29 (8:34)	2:05 (10:39)	4:55 (15:34)	2:45 (18:19)	
	1:45 (20:04)	5:38 (25:42)	1:58 (27:40)	0:47 (28:27)	0:46 (29:13)		
2.	Leif Sudergaard	Kildeholm OK	32:25	+3:12	1:02		
	1:48 (1:48)	2:09 (3:57)	4:30 (8:27)	2:43 (11:10)	5:17 (16:27)	3:14 (19:41)	
	2:24 (22:05)	6:27 (28:32)	2:08 (30:40)	0:53 (31:33)	0:52 (32:25)		
3.	Henriette Broman	Allerød OK	37:09	+7:56	3:53		
	2:37 (2:37)	2:55 (5:32)	4:55 (10:27)	2:05 (12:32)	5:03 (17:35)	3:46 (21:21)	
	2:03 (23:24)	9:27 (32:51)	2:37 (35:28)	0:51 (36:19)	0:50 (37:09)		
4.	Charlotte Grauert	Ballerup OK	40:10	+10:57	3:17		
	2:14 (2:14)	2:53 (5:07)	5:46 (10:53)	3:16 (14:09)	5:41 (19:50)	4:53 (24:43)	
	3:02 (27:45)	7:09 (34:54)	3:17 (38:11)	1:06 (39:17)	0:53 (40:10)		
5.	Niels Hamborg Jensen	OK Skærmøn Hareskov	49:55	+20:42	16:17		
	1:58 (1:58)	14:32 (16:30)	5:10 (21:40)	6:41 (28:21)	5:02 (33:23)	3:24 (36:47)	
	1:55 (38:42)	7:09 (45:51)	2:11 (48:02)	1:07 (49:09)	0:46 (49:55)		
6.	Mona Nørgaard	OK Pan	51:35	+22:22	4:00		
	2:39 (2:39)	3:51 (6:30)	7:31 (14:01)	3:40 (17:41)	6:45 (24:26)	5:06 (29:32)	
	2:31 (32:03)	10:41 (42:44)	5:18 (48:02)	2:22 (50:24)	1:11 (51:35)		
7.	Birgitte Krüger	Helsingør SOK	53:37	+24:24	9:07		
	2:25 (2:25)	5:29 (7:54)	5:47 (13:41)	4:23 (18:04)	8:12 (26:16)	4:22 (30:38)	
	2:44 (33:22)	9:58 (43:20)	3:41 (47:01)	1:06 (48:07)	5:30 (53:37)		

8.	Jens Aaris Thisted	Søllerød OK	58:32	+29:19	9:20		
	2:07 (2:07)	3:37 (5:44)	6:41 (12:25)	6:16 (18:41)	7:57 (26:38)	4:57 (31:35)	
	3:25 (35:00)	14:55 (49:55)	5:18 (55:13)	1:46 (56:59)	1:33 (58:32)		
	Ellen Thisted	Søllerød OK	Fejlklip				
	3:50 (3:50)	4:50 (8:40)	9:51 (18:31)	14:34 (33:05)	10:39 (43:44)	– (–)	
	– (–)	– (–)	– (–)	– (59:45)	1:55 (1:01:40)		
	Hanne N Waltenburg	Kildeholm OK	Fejlklip				
	3:13 (3:13)	3:48 (7:01)	– (–)	– (24:26)	4:48 (29:14)	3:22 (32:36)	
	2:56 (35:32)	7:29 (43:01)	2:28 (45:29)	1:01 (46:30)	0:48 (47:18)		
	Margit Ulmer	THOK	Fejlklip				
	5:18 (5:18)	7:26 (12:44)	16:42 (29:26)	4:44 (34:10)	6:19 (40:29)	– (–)	
	– (54:30)	8:45 (1:03:15)	4:07 (1:07:22)	1:29 (1:08:51)	2:14 (1:11:05)		
Åben 4		(2 / 2)	Tid	Efter	Tidstab		
1.	Dagmar Mariager	Allerød OK	46:50		3:34		
	1:47 (1:47)	7:44 (9:31)	1:58 (11:29)	3:27 (14:56)	7:02 (21:58)	9:28 (31:26)	
	3:08 (34:34)	1:17 (35:51)	2:48 (38:39)	3:32 (42:11)	3:53 (46:04)	0:46 (46:50)	
2.	Karina Ransby	Søllerød OK	1:13:18	+26:28	24:51		
	13:57 (13:57)	8:27 (22:24)	3:03 (25:27)	10:04 (35:31)	9:56 (45:27)	5:49 (51:16)	
	5:11 (56:27)	5:10 (1:01:37)	3:50 (1:05:27)	3:11 (1:08:38)	3:53 (1:12:31)	0:47 (1:13:18)	
D5		(1 / 1)	Tid	Efter	Tidstab		
1.	Laura Witt	OK Skærmen Hareskov	37:16		0:00		
	2:25 (2:25)	1:11 (3:36)	3:13 (6:49)	2:54 (9:43)	1:55 (11:38)	3:47 (15:25)	
	2:53 (18:18)	2:13 (20:31)	3:52 (24:23)	8:35 (32:58)	3:37 (36:35)	0:41 (37:16)	
Åben 5		(1 / 1)	Tid	Efter	Tidstab		
	Jytte Eltang	FSK Orientering	Fejlklip				
	7:56 (7:56)	3:25 (11:21)	23:25 (34:46)	7:19 (42:05)	7:28 (49:33)	– (–)	
	– (–)	– (–)	– (–)	– (1:02:19)	10:00 (1:12:19)	2:35 (1:14:54)	
Åben 6		(1 / 1)	Tid	Efter	Tidstab		
1.	Erik Dandanell	Søllerød OK	21:46		0:00		
	2:03 (2:03)	0:43 (2:46)	0:38 (3:24)	2:05 (5:29)	1:44 (7:13)	1:14 (8:27)	
	3:16 (11:43)	0:52 (12:35)	1:32 (14:07)	1:49 (15:56)	1:31 (17:27)	1:59 (19:26)	
	1:35 (21:01)	0:45 (21:46)					