

**Allerød OK**

–	Lars Lyngsø	Åben 1	8125 m	Start 1	1406279
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**AMOK**

10:04	Jens Jerichau Clausen	H21	7700 m	Start 1	1270556
10:08	Frederik Peder Weilmann Rasmussen	H21	7700 m	Start 1	1270558
10:12	Jeppe Damsgaard	H21	7700 m	Start 1	8009292
10:16	Ditlev Leisted Grønlund	H21	7700 m	Start 1	245033
10:20	Bjørn Sabroe Simonsen	H21	7700 m	Start 1	1270554
10:24	Andreas Schrøder	H21	7700 m	Start 1	1112008
10:28	Martin Kosut	H21	7700 m	Start 1	49180
10:32	Gustaf Onsbring Gustafson	H21	7700 m	Start 1	930022
10:36	Johan Hydén	H21	7700 m	Start 1	7890306
10:02	Daniel Nørgaard Bachmann	H40	6975 m	Start 1	2061666
10:08	Roar Birkedahl Bang	H40	6975 m	Start 1	1013320
10:14	Tim Abild	H40	6975 m	Start 1	7212129
10:18	Sergei Vorfolomeev	H40	6975 m	Start 1	8657014
10:26	Christian Olsen	H50	5900 m	Start 1	8201972
10:30	Torben Speldt	H50	5900 m	Start 1	8667855
10:34	Søren Albæk Jensen	H50	5900 m	Start 1	439489
10:40	Morten Kisbæk	H50	5900 m	Start 1	1032008
10:03	Gert Lillevang Nielsen	H60	4400 m	Start 1	1972008
10:11	Jan Kosut	H60	4400 m	Start 1	406990
10:17	Ernst Poulsen	H60	4400 m	Start 1	8103014
10:29	Peter Hofman-Bang	H70	3725 m	Start 1	1992008
10:35	Bjarne Sørensen	H70	3725 m	Start 1	440265
10:45	Rolf Andersen	H70	3725 m	Start 1	1101952
10:28	Philipp Eisingerich	H21B	4625 m	Start 1	1472299
10:32	Jens Van Avermaet	H21B	4625 m	Start 1	1419942
10:36	Magnus Borngäber Olsen	H21B	4625 m	Start 1	1068802
10:46	Jakub Jirasek	H21B	4625 m	Start 1	2016470
10:02	Rune Larsen	H45B	4625 m	Start 1	7209258
10:06	Jesper Kühnl	H45B	4625 m	Start 1	1270555
10:12	Finn Stausgaard	H45B	4625 m	Start 1	1162008
–	Anne Marie Jelsbak Jensen	H-Let	3200 m	Start 1	1962008
–	Charlie Rysø	H-Let	3200 m	Start 1	1896343
–	Flemming Sparre Sørensen	H-Let	3200 m	Start 1	1040865
10:01	Erik Nielsen	H80	2975 m	Start 1	1406095
–	Andreas Sparre Højsted	Beg	2900 m	Start 1	1022407
–	Kenneth Bjerremand	Beg	2900 m	Start 1	1049946
–	Pernille Sørensen	Beg	2900 m	Start 1	1270551
–	Lisa Maj Abild	D12	3200 m	Start 1	1270550
10:37	Eva Elbo Petersen	D21	6975 m	Start 1	1812008
10:41	Helle Piil Rosted	D21	6975 m	Start 1	344987
10:45	Marie Skov Sander	D21	6975 m	Start 1	1986256
10:49	Anna Damstedt Glæsner	D21	6975 m	Start 1	1902008
10:05	Christina Hausgaard	D21B	4500 m	Start 1	1822008
10:11	Josephine Arrild	D21B	4500 m	Start 1	1855992
10:15	Sissel Andersen	D21B	4500 m	Start 1	1419941
10:52	Signe Marie Abild	D40	5900 m	Start 1	2065752
10:56	Anne Weis Givskov	D40	5900 m	Start 1	1152008

10:23	Stine Mackenhauer	D45B	4500 m	Start 1	1072008
10:33	Angela Bourne	D45B	4500 m	Start 1	8010904
10:37	Ulla Kiel Juncker	D45B	4500 m	Start 1	1712008
10:53	Karen Sejrsgaard-Jacobsen	D50	4400 m	Start 1	7003113
10:38	Jytte Sørensen	D60	3725 m	Start 1	8512050
10:48	Anne Andersen	D60	3725 m	Start 1	2108401
10:31	Jette Viborg Sørensen	D70	2975 m	Start 1	435356
–	Helgard Olsen	D-Let	3200 m	Start 1	202066
–	Sinnet Agerbeck Black	D-Let	3200 m	Start 1	1270557
–	Tina Hartley	D-Let	3200 m	Start 1	1892008
–	Alfred Abild	H10	2900 m	Start 1	1270553
10:00	Mads Mackenhauer Mikkelsen	H16	5900 m	Start 1	1842008

**Ballerup OK**

–	Anne Marie Thommesen	Åben 2	6450 m	Start 1	8524528
–	Gregers Jørgensen	Åben 2	6450 m	Start 1	8620940
–	Lars Hanghøj Petersen	Åben 2	6450 m	Start 1	1290555
–	Ellen Kühn Jensen	Åben 3	3725 m	Start 1	202087
–	Gitte Grauert	Åben 3	3725 m	Start 1	8500989
–	Jan Kristoffersen	Åben 3	3725 m	Start 1	8633623
–	Jimmy Hoen	Åben 3	3725 m	Start 1	2086036
–	Johanne Lind	Åben 3	3725 m	Start 1	8645166
–	Kirsten Truelson	Åben 3	3725 m	Start 1	1406263
–	Niels Aabye	Åben 3	3725 m	Start 1	8002523
–	Sirius Aabye	Åben 5	3200 m	Start 1	443129
–	Inge K. Kristoffersen	Åben 6	2900 m	Start 1	440894

**DSR/Fredensborg/Vinderød**

12:08	Kim Clausen	H21	7700 m	Start 1	407153
12:20	Jan Bart van der Steen	H40	6975 m	Start 1	308044
12:11	Jakob Sandgrav	H50	5900 m	Start 1	1452120
12:17	Martin Schwartz	H50	5900 m	Start 1	343740
12:03	Max Prang	H60	4400 m	Start 1	8620730
12:10	Jørn Mouritzen	H70	3725 m	Start 1	1402981
12:14	Finn Gamél Christensen	H70	3725 m	Start 1	355581
12:20	Ronald Clausen	H70	3725 m	Start 1	1502324
12:09	John Cordua	H45B	4625 m	Start 1	2137263
12:06	Bjørn Helstrup	H80	2975 m	Start 1	302160
12:10	Aage Damsgaard	H80	2975 m	Start 1	2049931
–	Ella Reenberg	D12	3200 m	Start 1	2091825
12:27	Mathilde Damsgaard	D21B	4500 m	Start 1	2091829
12:17	Christina Bøje	D50	4400 m	Start 1	2213996
12:21	Gitte Willumsen	D50	4400 m	Start 1	2137253
12:28	Lis Hedelund	D70	2975 m	Start 1	213984

**FIF Hillerød**

–	Peter Dyrsting	Åben 1	8125 m	Start 1	8510322
–	Annelise Hansen	Åben 3	3725 m	Start 1	8512008
–	Emil Olesen	Åben 3	3725 m	Start 1	8505430
–	Eva Konring Olesen	Åben 3	3725 m	Start 1	8505429
–	Jens Høgsfeldt	Åben 3	3725 m	Start 1	8033388
–	Preben Sloth	Åben 3	3725 m	Start 1	302174

**FSK Orientering**

12:04	Per Hansen	H21	7700 m	Start 1	8635895
12:22	Leif Pedersen	H40	6975 m	Start 1	2112887
12:07	Niels Thygesen	H50	5900 m	Start 1	2049943
12:15	Jesper Andersen	H50	5900 m	Start 1	8190764
12:01	Kurt Thuesen	H60	4400 m	Start 1	8512040
12:07	Bjarne Iversen	H60	4400 m	Start 1	239922
12:11	Jan Frank Nielsen	H60	4400 m	Start 1	347482
12:12	Kurt Jespersen	H70	3725 m	Start 1	302097
12:18	Karl Aage Hald	H70	3725 m	Start 1	407734
12:22	Erik Roslyng	H70	3725 m	Start 1	330684
12:01	Mads Kierstein Nielsen	H21B	4625 m	Start 1	348361
12:05	Michael Larsen	H21B	4625 m	Start 1	249343
12:11	Finn Larsen	H45B	4625 m	Start 1	2085948
–	Hans-Ole Ketting	H-Let	3200 m	Start 1	202086
–	Nils Lind Petersen	H-Let	3200 m	Start 1	407797
12:02	Frank Sandgreen	H80	2975 m	Start 1	348373
12:14	Per Lennart Johansson	H80	2975 m	Start 1	249333
12:12	Mette Juul Roslyng	D21	6975 m	Start 1	1985028
12:23	Kamilla S. Kaarsholm	D21B	4500 m	Start 1	355590
12:26	Ana Magdalena Chirita	D45B	4500 m	Start 1	2074607
12:00	Marianne Krowicki	D60	3725 m	Start 1	440267
12:04	Lone Kierstein Nielsen	D60	3725 m	Start 1	249308
12:18	Lise Kolte	D70	2975 m	Start 1	407733
12:22	Lisbet Hansen	D70	2975 m	Start 1	8637587
12:26	Inger Jensen	D70	2975 m	Start 1	8009130
–	Lærke Kaarsholm	D-Let	3200 m	Start 1	441818

**Helsingør SOK**

11:10	Christian Skjoldvang Andersen	H21	7700 m	Start 1	2077771
11:25	Preben Brinch	H40	6975 m	Start 1	8662153
11:29	Lasse Nilsson	H40	6975 m	Start 1	895263
11:16	Jonas Blomqvist	H50	5900 m	Start 1	208234
11:22	Torsten Bjørn	H50	5900 m	Start 1	234468
11:23	Carsten Thye Agger	H60	4400 m	Start 1	8510335
11:29	Rolf Lund	H60	4400 m	Start 1	8033371
11:35	Laus Seir Hansen	H60	4400 m	Start 1	8016647
11:32	Niels Bohse	H70	3725 m	Start 1	1411620
11:44	Flemming Wendelboe	H70	3725 m	Start 1	500115
11:48	Mogens Kirkeby	H70	3725 m	Start 1	2077772
11:02	Niels Frederiksen	H21B	4625 m	Start 1	2061675
11:16	John Kurek	H45B	4625 m	Start 1	2077773
11:24	Peter Balstrup	H45B	4625 m	Start 1	2216205
–	Arne Olsen	H-Let	3200 m	Start 1	308172
–	John Steinfeldt- Jensen	H-Let	3200 m	Start 1	234536
–	Vibeke Miené	H-Let	3200 m	Start 1	2077774
11:28	Jørgen Jensen	H80	2975 m	Start 1	8016657
11:32	John Miené	H80	2975 m	Start 1	240000
11:36	Jakob Vang	H80	2975 m	Start 1	2089970
11:01	Sara Lykke Brinch	D21	6975 m	Start 1	8646078
11:09	Maja Lykke Brinch	D21	6975 m	Start 1	8646083
11:05	Berit Petersen	D45B	4500 m	Start 1	308155
11:13	Lene Jensen	D50	4400 m	Start 1	8033359

11:03	Birgitte Krüger	D60	3725 m	Start 1	8631610
11:07	Mette Seir Hansen	D60	3725 m	Start 1	8645172
11:11	Mette Kirstine Agger	D60	3725 m	Start 1	427882
11:23	Anne Sørensen	D70	2975 m	Start 1	308156
11:27	Marie Krogsgaard	D70	2975 m	Start 1	308171
11:31	Kirsten Ellekilde	D70	2975 m	Start 1	8009116
11:35	Inge Olsen	D70	2975 m	Start 1	308168
–	Birgitte Stürup	D-Let	3200 m	Start 1	441278
–	Hanne Bendixen	D-Let	3200 m	Start 1	2077775
–	Line Bech Jensen	D-Let	3200 m	Start 1	2077778

**Herlufsholm OK**

10:14	Arne Kristensen	H21	7700 m	Start 1	213996
10:18	Peter Karberg	H21	7700 m	Start 1	8631622
10:26	Sebastian Hansen	H21	7700 m	Start 1	8629595
10:00	Claus Børsting	H40	6975 m	Start 1	1112159
10:06	Kaj Munck	H40	6975 m	Start 1	8499819
10:16	Simon Mundus	H40	6975 m	Start 1	1428695
10:24	Svend-Erik Munck	H50	5900 m	Start 1	1013307
10:32	Anders Knudsen	H50	5900 m	Start 1	8653089
10:44	Torben Kristensen	H50	5900 m	Start 1	2049220
10:01	Jesper Børsting	H60	4400 m	Start 1	8009134
10:09	Morten Løjmand	H60	4400 m	Start 1	440747
10:23	Jan Truelsen	H60	4400 m	Start 1	417514
10:31	Frede Scheye	H70	3725 m	Start 1	7508016
10:39	Jan Bigler	H70	3725 m	Start 1	417518
10:49	Helmuth Hansen	H70	3725 m	Start 1	202098
10:34	Jesper R Mortensen	H21B	4625 m	Start 1	9000629
10:38	Stig Andersen	H21B	4625 m	Start 1	8635816
10:14	Claus Mikkelsen	H45B	4625 m	Start 1	8009294
10:20	Kim O. Gissel	H45B	4625 m	Start 1	1502338
–	Morten Hvalsøe-Dybdahl	H-Let	3200 m	Start 1	2086069
–	Louise Juelskjær Hansen	Beg	2900 m	Start 1	2035218
–	Aya Juelskjær Beldring	D10	2900 m	Start 1	2035219
–	Ella Juelskjær Beldring	D10	2900 m	Start 1	2086056
–	Olivia Vejlsted Nytofte	D10	2900 m	Start 1	417519
–	Solveig Hvalsøe-Dybdahl	D12	3200 m	Start 1	2086061
10:53	Caroline Øxenhav	D20	6975 m	Start 1	2035220
10:35	Signe Lind Jørgensen	D21	6975 m	Start 1	8620924
10:43	Tine Meyhoff Petersen	D21	6975 m	Start 1	8631591
10:47	Sandra Mundus	D21	6975 m	Start 1	1428676
10:01	Heidi Vejlsted Nytofte	D21B	4500 m	Start 1	2086058
10:09	Henriette Terjesen Sloth Bundgaard	D21B	4500 m	Start 1	2086059
10:50	Helle Roested	D40	5900 m	Start 1	308023
10:54	Laura Hvalsøe-Dybdahl	D40	5900 m	Start 1	2086066
10:25	Ilsabe Børsting	D45B	4500 m	Start 1	8097145
10:39	Lone Jørgensen	D45B	4500 m	Start 1	417512
10:43	Hanne Øxenhav	D50	4400 m	Start 1	2086070
10:47	Susanne Tanderup	D50	4400 m	Start 1	8635802
10:51	Birgit Børsting	D50	4400 m	Start 1	8646097
10:40	Susanne Truelsen	D60	3725 m	Start 1	302183
10:46	Rita Løjmand	D60	3725 m	Start 1	439330
10:52	Lene Hansen	D60	3725 m	Start 1	1308010
10:15	Lena Hansen	D70	2975 m	Start 1	1410588

10:23	Merete Ravnshøj Andersen	D70	2975 m	Start 1	1401182
–	Gilbert Kurt Scott Mundus	H10	2900 m	Start 1	2086068
–	Kai Hvalsøe-Dybdahl	H12	3200 m	Start 1	2086063
–	Alexander Vejlsted Nytofte	H12B	2900 m	Start 1	422420
–	Liam Nielsen-Nørregaard	H12B	2900 m	Start 1	2086067
–	Tobias Ju Sloth Bundgaard	H14B	3200 m	Start 1	2086060

**Kildeholm OK**

12:00	Bjarke Waltenburg	H21	7700 m	Start 1	2085947
12:16	Lasse Hansen	H40	6975 m	Start 1	505030
12:05	Leif Sudergaard	H60	4400 m	Start 1	1401708
12:08	Nils Sættem	H70	3725 m	Start 1	8635856
12:15	Asbjørn Christiansen	H14	4625 m	Start 1	2120910
12:07	Crispin Belmonte	H45B	4625 m	Start 1	2136661
–	Henrik Waltenburg	H-Let	3200 m	Start 1	2119078
12:04	Erik Bach Sørensen	H80	2975 m	Start 1	351358
12:08	Eskild Rønne	H80	2975 m	Start 1	407149
12:12	Knud Dam	H80	2975 m	Start 1	2119080
12:19	Freja Damgaard Sørensen	D20B	4500 m	Start 1	2120902
–	Sofie Christiansen	D12	3200 m	Start 1	2120901
12:21	Louise Belmonte	D21B	4500 m	Start 1	2136660
12:25	Astrid Waltenburg	D21B	4500 m	Start 1	2420850
12:01	Lone Nielsen	D40	5900 m	Start 1	2134115
12:05	Anja Christiansen	D40	5900 m	Start 1	2128794
12:19	Tine Rønn Østergaard	D50	4400 m	Start 1	2089958
12:23	Hanne N Waltenburg	D50	4400 m	Start 1	1413384
12:20	Dorte Dam	D70	2975 m	Start 1	2006495
12:24	Ina Blom	D70	2975 m	Start 1	2089965
–	Alberthe Lindehøj Henrik	D-Let	3200 m	Start 1	2120918

**Køge OK**

10:10	Kristian Juda Husgard	H21	7700 m	Start 1	1410777
10:30	Emil Gutfelt Overgaard	H21	7700 m	Start 1	1106027
10:04	Tom Hansen	H40	6975 m	Start 1	2119071
10:12	Kim Hansen	H40	6975 m	Start 1	889243
10:28	Jesper Carlsson	H50	5900 m	Start 1	2128810
10:36	Niels Torm	H50	5900 m	Start 1	8033374
10:42	Carsten Mogensen	H50	5900 m	Start 1	8664242
10:05	Henning Jeppesen	H60	4400 m	Start 1	2061683
10:13	Steen Fladberg	H60	4400 m	Start 1	239260
10:21	Kim Møller	H60	4400 m	Start 1	444672
10:27	Gunnar Grue-Sørensen	H70	3725 m	Start 1	8657101
10:41	Karsten Richardt	H70	3725 m	Start 1	8657111
10:47	Tage Ebbensgaard	H70	3725 m	Start 1	344972
10:26	Jørgen Larsen	H21B	4625 m	Start 1	407175
10:30	Poul R. Koziara	H21B	4625 m	Start 1	216779
10:42	Gunnar Grimstrup	H21B	4625 m	Start 1	2074612
10:00	John Barnewitz	H45B	4625 m	Start 1	439760
10:08	Henrik Johansen	H45B	4625 m	Start 1	439767
10:16	Anders Bang	H45B	4625 m	Start 1	2213986
–	Erik Løvgren Jensen	H-Let	3200 m	Start 1	442559
–	Torben Nielsen	H-Let	3200 m	Start 1	407115
10:05	Kurt Dose	H80	2975 m	Start 1	302087
10:09	Ole Rasmussen	H80	2975 m	Start 1	2128809

10:39	Jette Grimstrup	D21	6975 m	Start 1	2061681
10:13	Grethe Larsen	D21B	4500 m	Start 1	407174
10:17	Susan Laugaard Hansen	D21B	4500 m	Start 1	2119072
10:27	Gitte Rasmussen	D45B	4500 m	Start 1	2061687
10:31	Jeanette Bjerborg	D45B	4500 m	Start 1	889246
10:45	Malene Løkke	D50	4400 m	Start 1	302132
10:42	Lotte Ravn Lei	D60	3725 m	Start 1	2213988
10:50	Jannie Sørensen	D60	3725 m	Start 1	354628
10:19	Birgit Berner	D70	2975 m	Start 1	2074614
10:25	Gerda Marie- Christiansen	D70	2975 m	Start 1	8657110
10:29	Berit N. Pedersen	D70	2975 m	Start 1	239930
–	Hanne Hansen	D-Let	3200 m	Start 1	308134

**Lyngby OK**

11:00	Magnus Eriksen Brink	H21	7700 m	Start 1	2137267
11:04	Hans Martin Kjer	H21	7700 m	Start 1	440191
11:08	Viktor Gammeljord	H21	7700 m	Start 1	731112
11:12	Simon Troelsgård	H21	7700 m	Start 1	8500985
11:16	Lukas Høghøj	H21	7700 m	Start 1	8002543
11:20	Joakim Østergaard	H21	7700 m	Start 1	2091834
11:24	Niels Peder Møller	H21	7700 m	Start 1	8506821
11:28	Mads Troelsgård	H21	7700 m	Start 1	8633612
11:17	Athene Wessel Larsen	D18	6975 m	Start 1	1503667
11:21	Vilnis Frishfelds	H40	6975 m	Start 1	8507632
11:33	Jesper Lægsgaard	H40	6975 m	Start 1	8009300
11:10	Mogens Schmidt	H50	5900 m	Start 1	1402045
11:18	Sebastian I.V. From	H50	5900 m	Start 1	8657106
11:26	Søren Rinder	H50	5900 m	Start 1	1112160
11:17	Henrik Albahn	H60	4400 m	Start 1	888950
11:36	Jim Chalmers	H70	3725 m	Start 1	1411611
11:12	Rune Odin	H45B	4625 m	Start 1	7060577
–	Flemming Bantz Sørensen	H-Let	3200 m	Start 1	250082
–	Johanne Kjer	D10	2900 m	Start 1	2105152
11:07	Kristine Berg Hansen	D21	6975 m	Start 1	2091821
11:13	Marie Sofie Møller	D21	6975 m	Start 1	1411269
11:17	Emmelie Joe Freudenberg Rasmussen	D21B	4500 m	Start 1	2105164
11:21	Christine Petersen	D21B	4500 m	Start 1	2091839
11:00	Helle Pitters	D40	5900 m	Start 1	8510337
11:09	Inger Lise Wolff-Jensen	D45B	4500 m	Start 1	1406260
11:01	Louise Karlskov Skyggebjerg	D50	4400 m	Start 1	2083227
11:09	Marlene Wessel Larsen	D50	4400 m	Start 1	2159207
11:25	Bente Keil	D70	2975 m	Start 1	308103
–	Anne Bülow-Olsen	D-Let	3200 m	Start 1	2086042
–	Daria Wagner	D-Let	3200 m	Start 1	2091826
–	Alexander Schmidt	H12	3200 m	Start 1	2105163

**O-63/Maribo**

12:02	Asbjørn Hviid	H21	7700 m	Start 1	435305
12:06	Hjalte Hviid	H21	7700 m	Start 1	2030234
12:18	Anders Christensen	H40	6975 m	Start 1	1392078
12:09	Johan Söderlund	H50	5900 m	Start 1	2065743
12:13	Mads Madsen	H50	5900 m	Start 1	2216181
12:09	Torben Hviid	H60	4400 m	Start 1	435307
12:13	Kim Jensen	H60	4400 m	Start 1	423292

12:16	Carl-Aage Hansen	H70	3725 m	Start 1	407737
–	Christian Mortensen	H-Let	3200 m	Start 1	347166
12:00	Niels-Henrik Holscher	H80	2975 m	Start 1	308074
–	Caroline Christensen	Beg	2900 m	Start 1	347019
–	Miira Bach	Beg	2900 m	Start 1	347083
12:02	Pia Kadziola	D60	3725 m	Start 1	8500992
–	Else Marie Mikkelsen	D-Let	3200 m	Start 1	435306
–	Lis Noes	D-Let	3200 m	Start 1	2065740

**OK Skærmen Hareskov**

11:06	Søren Kvist	H21	7700 m	Start 1	8523642
11:14	Lars Johansen	H21	7700 m	Start 1	8664223
11:12	Lars Christoffersen	H50	5900 m	Start 1	419741
11:28	Henrik Jørgensen	H50	5900 m	Start 1	8512046
11:21	Michael E. Laustsen	H60	4400 m	Start 1	234897
11:27	Niels Hamborg Jensen	H60	4400 m	Start 1	2049230
11:33	Søren Christensen	H60	4400 m	Start 1	1406251
11:34	Steen Sørensen	H70	3725 m	Start 1	351326
11:38	Leif Jensen	H70	3725 m	Start 1	234439
11:42	Hakon Mosbech	H70	3725 m	Start 1	246410
11:46	Jørn Clemmensen	H70	3725 m	Start 1	239917
11:06	Hans Christian Monrad	H21B	4625 m	Start 1	1428719
11:10	Thomas Grøn-Jensen	H21B	4625 m	Start 1	1401497
11:20	Thomas Mollerup	H45B	4625 m	Start 1	384986
11:30	Mogens Hansen	H80	2975 m	Start 1	504434
11:01	Katrine Jacobsen	D14	4500 m	Start 1	8524565
–	Marie Liv Johansen	D10	2900 m	Start 1	364985
–	Laura Witt	D12	3200 m	Start 1	421556
11:03	Ida Jacobsen	D21	6975 m	Start 1	8524581
11:11	Charlotte Ager-Woxholtt	D21	6975 m	Start 1	364982
11:04	Louise Munch Diemar	D40	5900 m	Start 1	2083207
11:13	Katrine Witt Andersen	D45B	4500 m	Start 1	364988
11:05	Ulla Jacobsen	D50	4400 m	Start 1	8524573
11:11	Karen Juul	D50	4400 m	Start 1	2112878
11:01	Kirsten Witt	D60	3725 m	Start 1	348359
11:13	Vivi Hansen	D60	3725 m	Start 1	420161
11:29	Ruth Hansen	D70	2975 m	Start 1	355594
11:33	Benthe Jensen	D70	2975 m	Start 1	2006494
–	Sebastian Sejrh Johansen	H10	2900 m	Start 1	364984
–	August Kvist	H12	3200 m	Start 1	8513692

**OK Sorø**

–	Robert Grønlund	Åben 2	6450 m	Start 1	213997
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**OK Øst Birkerød**

–	Jens Peter Gundorf	Åben 3	3725 m	Start 1	8631614
–	Kirsten Nymann Petersen	Åben 3	3725 m	Start 1	8009139

**OK73**

10:06	Jakob Lind Tolborg	H21	7700 m	Start 1	8033392
10:22	Christian Gudme-Knudsen	H21	7700 m	Start 1	1411282
10:10	Henning Drejer Olsen	H40	6975 m	Start 1	1106036
10:20	FM Nielsen	H40	6975 m	Start 1	8512005
10:38	Peter Lyngø Kjær	H50	5900 m	Start 1	250118

10:07	Jens Balslev	H60	4400 m	Start 1	1112144
10:15	Jens Erik Larsen	H60	4400 m	Start 1	308077
10:19	Claus Odgaard	H60	4400 m	Start 1	8500977
10:33	Knud Lykking	H70	3725 m	Start 1	8510348
10:37	Bent Johansen	H70	3725 m	Start 1	439759
10:43	Gunner Jørgensen	H70	3725 m	Start 1	8512007
10:24	Hugo Frederiksen	H21B	4625 m	Start 1	8323159
10:40	Mads Lykking	H21B	4625 m	Start 1	2030239
10:44	Algis Juska	H21B	4625 m	Start 1	207555
10:04	Andrew Martin	H45B	4625 m	Start 1	1503665
10:10	Robin Larsen	H45B	4625 m	Start 1	429903
10:18	Erik Andersen	H45B	4625 m	Start 1	1503680
–	Bent Mortensen	H-Let	3200 m	Start 1	2221994
–	Henrik Weirauch Kristensen	H-Let	3200 m	Start 1	8512036
10:03	Bent Hasholt	H80	2975 m	Start 1	213963
10:07	Søren Thoustrup Jørgensen	H80	2975 m	Start 1	899032
10:11	Jørn Andreassen	H80	2975 m	Start 1	434070
–	Gry Tvilling Hasholt	Beg	2900 m	Start 1	429904
–	Jenny Tvilling Hasholt	Beg	2900 m	Start 1	429906
–	Sarah Staalgaard	D14B	3200 m	Start 1	340602
10:03	Ida Bech	D21B	4500 m	Start 1	1013303
10:07	Louise WD Otzen	D21B	4500 m	Start 1	2159206
10:48	Karin Hulgaard	D40	5900 m	Start 1	1985008
10:21	Hanne Bech	D45B	4500 m	Start 1	2117590
10:29	Lone Nørgaard	D45B	4500 m	Start 1	1406258
10:35	Silvia Gabriela Burgos	D45B	4500 m	Start 1	429901
10:41	Else Gudme	D50	4400 m	Start 1	351370
10:49	Camilla Bøgevig Larkai	D50	4400 m	Start 1	1402038
10:44	Ulla Baden	D60	3725 m	Start 1	2153444
10:54	Marianne Lykking	D60	3725 m	Start 1	40508
10:17	Inge Madsen	D70	2975 m	Start 1	2074617
10:21	Ulla Valnert	D70	2975 m	Start 1	302193
10:27	Lis Hasholt	D70	2975 m	Start 1	213962
–	Christina Staalgaard	D-Let	3200 m	Start 1	207559
–	Theodor Bech-Husum	H12B	2900 m	Start 1	40402
–	Ulf Tvilling Hasholt	H14B	3200 m	Start 1	429907

**OKR**

–	Jesper Allan Jensen	Åben 3	3725 m	Start 1	8657115
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**PI-København**

11:02	Andreas Olesen	H21	7700 m	Start 1	556655
11:18	Christopher Wiberg	H21	7700 m	Start 1	891019
11:22	Philip Knak	H21	7700 m	Start 1	8513699
11:26	Søren Vestergaard	H21	7700 m	Start 1	8089690
11:23	Carsten Mortensen	H40	6975 m	Start 1	1395523
11:27	Jens Maagaard Pedersen	H40	6975 m	Start 1	1450244
11:31	Svend Christiansen	H40	6975 m	Start 1	8012040
11:14	Torkil Hansen	H50	5900 m	Start 1	8033358
11:20	Jørn Lind	H50	5900 m	Start 1	1450233
11:24	Erik Olsen	H50	5900 m	Start 1	213941
11:19	Dan Frederiksen	H60	4400 m	Start 1	2049224
11:25	Karsten Jørgensen	H60	4400 m	Start 1	213943
11:31	Bruno Stub	H60	4400 m	Start 1	8626199



11:40	Søren Jensen	H70	3725 m	Start 1	302128
11:00	Dennis Knudsen	H21B	4625 m	Start 1	2105162
11:04	Mathias Jørgen Larsen	H21B	4625 m	Start 1	1421736
11:08	Sebastian Bang	H21B	4625 m	Start 1	213949
11:14	Carsten Sønderup	H45B	4625 m	Start 1	428895
11:18	Jesper Kracht	H45B	4625 m	Start 1	8016811
11:22	Henrik Wiberg	H45B	4625 m	Start 1	560126
–	Brian Lind	H-Let	3200 m	Start 1	2420871
–	Jan Kofoed Nielsen	H-Let	3200 m	Start 1	8524557
–	Morten Sahl Bang	H-Let	3200 m	Start 1	239734
–	Line Stub	Beg	2900 m	Start 1	1411289
–	Wilhelm Houmark	Beg	2900 m	Start 1	239731
–	Agnes Vad Søndergaard	D10	2900 m	Start 1	2137252
11:05	Camilla Rath Nielsen	D21	6975 m	Start 1	8524560
11:02	Karina Mejnborg	D40	5900 m	Start 1	8628465
11:06	Ea Busch Nielsen	D40	5900 m	Start 1	8506683
11:07	Anni Lind	D45B	4500 m	Start 1	213947
11:11	Bente Dahl	D45B	4500 m	Start 1	8523634
11:03	Jane Sørensen	D50	4400 m	Start 1	8512079
11:07	Elin Nørgård Kracht	D50	4400 m	Start 1	8022612
11:05	Susan Houmark Stub	D60	3725 m	Start 1	1411290
11:09	Anne Fonnesbech Jensen	D60	3725 m	Start 1	239744
–	Lene Bruun Jørgensen	D-Let	3200 m	Start 1	417795
–	Lisbeth Haals	D-Let	3200 m	Start 1	2137259
–	Nor Knudsen	H12	3200 m	Start 1	2105158

**Søllerød OK**

–	Frede Lillelund	Åben 1	8125 m	Start 1	8664232
–	Niels la Cour Bentzon	Åben 2	6450 m	Start 1	8020955
–	Henrik Kleffel	Åben 3	3725 m	Start 1	8111254
–	Jørgen Luxhøj	Åben 3	3725 m	Start 1	1413400
–	Kaj Rostvad	Åben 3	3725 m	Start 1	8631595
–	Niels Raagaard	Åben 3	3725 m	Start 1	1407799
–	Ole Berner	Åben 3	3725 m	Start 1	889253