

**Resultater – MTB-O**

2022-01-29

D2	(5 / 5)	Tid	Efter	Tidstab
1. Malin Ågren	Lunds OK	1:31:42	00:00	
1:44 (1:44)	9:23 (11:07)	10:16 (21:23)	6:19 (27:42)	8:45 (36:27)
8:34 (52:16)	7:41 (59:57)	7:31 (1:07:28)	4:48 (1:12:16)	10:05 (1:22:21)
Birgit Hausner	OK S.G.	Fejlklip		
2:05 (2:05)	10:09 (12:14)	11:25 (23:39)	6:02 (29:41)	9:42 (39:23)
9:49 (59:00)	9:15 (1:08:15)	– (–)	– (1:19:55)	11:49 (1:31:44)
Ingela Andersson	Lunds OK	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
Karen Sejrsgaard-Jacobsen	AMOK	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)
Pernille Sommer	OK ØST Birkerød	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)

D3	(6 / 6)	Tid	Efter	Tidstab
1. Sanna Wallenborg	Lunds OK	1:37:29	09:24	
2:36 (2:36)	6:22 (8:58)	6:26 (15:24)	3:32 (18:56)	8:22 (27:18)
11:29 (44:07)	4:39 (48:46)	3:50 (52:36)	5:15 (57:51)	7:38 (1:05:29)
4:23 (1:17:20)	6:10 (1:23:30)	4:21 (1:27:51)	4:59 (1:32:50)	4:39 (1:37:29)
2. Amalie Ertmann	Allerød OK	1:48:41	+11:12	03:27
2:42 (2:42)	7:47 (10:29)	7:52 (18:21)	4:30 (22:51)	6:46 (29:37)
7:34 (43:28)	5:43 (49:11)	7:09 (56:20)	4:05 (1:00:25)	8:51 (1:09:16)
5:25 (1:22:59)	7:55 (1:30:54)	5:32 (1:36:26)	6:01 (1:42:27)	6:14 (1:48:41)
3. Katja Reibert Hansen	Allerød OK	1:56:18	+18:49	05:33
3:22 (3:22)	7:33 (10:55)	8:21 (19:16)	4:42 (23:58)	7:23 (31:21)
7:32 (46:17)	5:55 (52:12)	6:16 (58:28)	3:52 (1:02:20)	7:07 (1:09:27)
6:59 (1:28:12)	8:29 (1:36:41)	6:15 (1:42:56)	6:11 (1:49:07)	7:11 (1:56:18)
4. Søs Munch Hansen	OK Sorø	2:08:02	+30:33	10:59
3:17 (3:17)	7:32 (10:49)	9:37 (20:26)	5:15 (25:41)	18:48 (44:29)
7:33 (1:00:02)	6:34 (1:06:36)	4:50 (1:11:26)	5:26 (1:16:52)	8:36 (1:25:28)
6:05 (1:40:58)	8:48 (1:49:46)	5:38 (1:55:24)	5:52 (2:01:16)	6:46 (2:08:02)
5. Charlotte Bergmann	Allerød OK	2:11:14	+33:45	02:59
2:50 (2:50)	9:14 (12:04)	9:53 (21:57)	5:31 (27:28)	9:37 (37:05)
9:21 (54:22)	6:34 (1:00:56)	5:17 (1:06:13)	4:29 (1:10:42)	10:05 (1:20:47)
8:05 (1:39:52)	9:22 (1:49:14)	8:03 (1:57:17)	6:28 (2:03:45)	7:29 (2:11:14)
Bente Madsen	Tisvilde Hegn OK	Fejlklip		
2:22 (2:22)	6:54 (9:16)	8:28 (17:44)	4:37 (22:21)	6:05 (28:26)
6:46 (41:50)	5:03 (46:53)	– (–)	– (52:22)	7:02 (59:24)
5:52 (1:13:11)	7:11 (1:20:22)	6:18 (1:26:40)	5:14 (1:31:54)	6:03 (1:37:57)

H1	(5 / 5)	Tid	Efter	Tidstab
1. Mikael Mlinovsky	Okøst	1:44:11	29:20	
2:12 (2:12)	8:14 (10:26)	46:23 (56:49)	7:13 (1:04:02)	5:59 (1:10:01)
7:11 (1:25:15)	12:57 (1:38:12)	5:59 (1:44:11)		8:03 (1:18:04)
2. Steen Olsen	Allerød OK	1:59:31	+15:20	34:43
2:20 (2:20)	5:10 (7:30)	16:30 (24:00)	17:55 (41:55)	11:42 (53:37)
10:42 (1:23:06)	31:24 (1:54:30)	5:01 (1:59:31)		18:47 (1:12:24)
Søren Bjørnøen	OK ØST Birkerød	Udgået		
1:54 (1:54)	36:57 (38:51)	16:34 (55:25)	12:02 (1:07:27)	9:06 (1:16:33)
– (–)	– (–)	– (–)		– (–)
Arne Steen Sørensen	OK ØST Birkerød	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)		
Claus Olsen		Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)		

H2	(19 / 19)	Tid	Efter	Tidstab
1. Laus Seir Hansen	HSOK	1:02:36	00:00	
1:28 (1:28)	7:31 (8:59)	6:57 (15:56)	3:48 (19:44)	5:09 (24:53)
6:19 (37:28)	5:13 (42:41)	4:28 (47:09)	3:22 (50:31)	6:08 (56:39)
2. Jesper Andersen	FSK Orientering	1:03:39	+1:03	01:45
1:25 (1:25)	6:40 (8:05)	7:50 (15:55)	4:03 (19:58)	5:24 (25:22)
6:18 (37:25)	5:57 (43:22)	3:57 (47:19)	4:37 (51:56)	6:07 (58:03)
3. Ole Jensen	Tisvilde Hegn OK	1:09:23	+6:47	04:04
1:15 (1:15)	7:22 (8:37)	7:20 (15:57)	6:15 (22:12)	5:21 (27:33)
6:25 (39:56)	5:53 (45:49)	4:55 (50:44)	4:39 (55:23)	6:51 (1:02:14)
4. Michael Ertmann	Allerød OK	1:09:56	+7:20	02:36
1:23 (1:23)	7:38 (9:01)	7:12 (16:13)	4:05 (20:18)	5:55 (26:13)
7:04 (41:16)	5:20 (46:36)	4:46 (51:22)	4:56 (56:18)	7:14 (1:03:32)
				6:24 (1:09:56)

5.	Leif E. Larsen	Tisvilde Hegn OK	1:10:57	+8:21	01:53		
	1:36 (1:36)	7:55 (9:31)	7:49 (17:20)	5:07 (22:27)	5:59 (28:26)	6:15 (34:41)	
	7:29 (42:10)	6:19 (48:29)	4:41 (53:10)	3:59 (57:09)	7:55 (1:05:04)	5:53 (1:10:57)	
6.	Søren Albæk Jensen	AMOK	1:11:36	+9:00	02:13		
	1:25 (1:25)	7:20 (8:45)	7:23 (16:08)	4:59 (21:07)	6:26 (27:33)	8:01 (35:34)	
	7:04 (42:38)	6:04 (48:42)	4:43 (53:25)	4:11 (57:36)	7:20 (1:04:56)	6:40 (1:11:36)	
7.	Henrik Wibe	Allerød OK	1:12:26	+9:50	00:58		
	1:25 (1:25)	7:21 (8:46)	7:47 (16:33)	4:16 (20:49)	6:20 (27:09)	7:04 (34:13)	
	7:33 (41:46)	6:34 (48:20)	4:54 (53:14)	4:38 (57:52)	7:58 (1:05:50)	6:36 (1:12:26)	
8.	Louis Steinthal	FIF Hillerød	1:14:22	+11:46	00:00		
	1:42 (1:42)	8:37 (10:19)	8:23 (18:42)	4:25 (23:07)	6:45 (29:52)	6:41 (36:33)	
	7:29 (44:02)	6:11 (50:13)	4:55 (55:08)	4:02 (59:10)	7:56 (1:07:06)	7:16 (1:14:22)	
9.	Henrik Jørgensen	Allerød OK	1:25:15	+22:39	05:09		
	1:27 (1:27)	9:03 (10:30)	9:57 (20:27)	7:02 (27:29)	7:09 (34:38)	7:35 (42:13)	
	8:07 (50:20)	6:46 (57:06)	5:59 (1:03:05)	7:03 (1:10:08)	8:37 (1:18:45)	6:30 (1:25:15)	
10.	Jens Høgsfeldt	FIF Hillerød	1:25:34	+22:58	03:06		
	1:42 (1:42)	8:33 (10:15)	9:12 (19:27)	5:20 (24:47)	7:59 (32:46)	9:45 (42:31)	
	8:50 (51:21)	7:22 (58:43)	5:43 (1:04:26)	4:08 (1:08:34)	8:48 (1:17:22)	8:12 (1:25:34)	
11.	Christian Strandgaard	Allerød OK	1:29:08	+26:32	11:47		
	1:30 (1:30)	8:19 (9:49)	8:20 (18:09)	4:26 (22:35)	6:51 (29:26)	7:55 (37:21)	
	8:27 (45:48)	6:02 (51:50)	5:52 (57:42)	16:27 (1:14:09)	7:53 (1:22:02)	7:06 (1:29:08)	
12.	Jan Johansen	PI-København	1:29:54	+27:18	11:17		
	1:37 (1:37)	9:34 (11:11)	8:22 (19:33)	5:05 (24:38)	7:03 (31:41)	7:29 (39:10)	
	7:49 (46:59)	6:47 (53:46)	15:45 (1:09:31)	5:52 (1:15:23)	7:48 (1:23:11)	6:43 (1:29:54)	
13.	John Michelsen	Allerød OK	1:30:03	+27:27	18:29		
	1:25 (1:25)	25:41 (27:06)	8:05 (35:11)	4:34 (39:45)	6:38 (46:23)	6:19 (52:42)	
	7:10 (59:52)	5:49 (1:05:41)	6:12 (1:11:53)	3:48 (1:15:41)	7:32 (1:23:13)	6:50 (1:30:03)	
14.	Hans-Erik Andersen	FSK Orientering	1:30:48	+28:12	15:44		
	1:29 (1:29)	8:47 (10:16)	7:30 (17:46)	4:44 (22:30)	6:03 (28:33)	7:31 (36:04)	
	8:18 (44:22)	6:33 (50:55)	4:54 (55:49)	20:15 (1:16:04)	8:01 (1:24:05)	6:43 (1:30:48)	
15.	Christer Nilsson	Lunds OK	1:32:29	+29:53	06:36		
	1:56 (1:56)	12:20 (14:16)	8:22 (22:38)	7:57 (30:35)	7:44 (38:19)	9:24 (47:43)	
	9:07 (56:50)	8:04 (1:04:54)	5:19 (1:10:13)	5:40 (1:15:53)	8:18 (1:24:11)	8:18 (1:32:29)	
16.	Jens Bentsen	OK ØST Birkerød	1:38:51	+36:15	10:12		
	1:53 (1:53)	9:48 (11:41)	11:04 (22:45)	6:31 (29:16)	7:08 (36:24)	8:03 (44:27)	
	9:19 (53:46)	6:55 (1:00:41)	7:01 (1:07:42)	12:40 (1:20:22)	10:56 (1:31:18)	7:33 (1:38:51)	
	Jan Hausner	OK S.G.	Fejlkli				
	3:27 (3:27)	9:42 (13:09)	11:20 (24:29)	6:40 (31:09)	9:02 (40:11)	7:45 (47:56)	
	10:10 (58:06)	8:43 (1:06:49)	– (–)	– (1:10:57)	9:38 (1:20:35)	9:21 (1:29:56)	
	Claes Lindberg	Lunds OK	Udgået				
	1:31 (1:31)	7:50 (9:21)	8:21 (17:42)	4:04 (21:46)	6:50 (28:36)	6:13 (34:49)	
	7:10 (41:59)	6:15 (48:14)	6:06 (54:20)	14:14 (1:08:34)	– (–)	– (–)	
	Jack Skrydstrup	Kolding OK	Ej startet				
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	
	– (–)	– (–)	– (–)	– (–)	– (–)	– (–)	

H3		(16 / 16)	Tid	Efter	Tidstab		
1.	Steven Hansen	OK ØST Birkerød	1:17:22		01:33		
	2:02 (2:02)	5:03 (7:05)	5:35 (12:40)	3:16 (15:56)	4:22 (20:18)	5:50 (26:08)	
	5:34 (31:42)	3:41 (35:23)	3:50 (39:13)	3:00 (42:13)	5:40 (47:53)	6:41 (54:34)	
	3:55 (58:29)	5:33 (1:04:02)	4:20 (1:08:22)	4:35 (1:12:57)	4:25 (1:17:22)		
2.	Allan Månsson	Allerød OK	1:18:38	+1:16	04:46		
	2:05 (2:05)	7:55 (10:00)	4:58 (14:58)	3:03 (18:01)	4:10 (22:11)	5:00 (27:11)	
	5:55 (33:06)	3:31 (36:37)	3:44 (40:21)	3:15 (43:36)	5:18 (48:54)	5:55 (54:49)	
	3:46 (58:35)	5:07 (1:03:42)	4:10 (1:07:52)	4:21 (1:12:13)	6:25 (1:18:38)		
3.	Peter Reibert Hansen	Allerød OK	1:21:52	+4:30	06:41		
	1:57 (1:57)	5:01 (6:58)	5:42 (12:40)	3:07 (15:47)	4:18 (20:05)	5:23 (25:28)	
	5:17 (30:45)	3:51 (34:36)	3:18 (37:54)	2:57 (40:51)	6:26 (47:17)	11:40 (58:57)	
	3:59 (1:02:56)	6:06 (1:09:02)	3:51 (1:12:53)	4:32 (1:17:25)	4:27 (1:21:52)		
4.	Nils Pistora	Lunds OK	1:22:19	+4:57	03:17		
	2:10 (2:10)	5:40 (7:50)	6:17 (14:07)	3:23 (17:30)	4:51 (22:21)	5:09 (27:30)	
	5:42 (33:12)	4:42 (37:54)	3:37 (41:31)	4:13 (45:44)	5:30 (51:14)	5:54 (57:08)	
	4:15 (1:01:23)	5:58 (1:07:21)	4:08 (1:11:29)	4:41 (1:16:10)	6:09 (1:22:19)		
5.	Ulrich ghisler	Okøst	1:25:28	+8:06	04:56		
	2:15 (2:15)	5:29 (7:44)	5:41 (13:25)	3:55 (17:20)	4:29 (21:49)	5:27 (27:16)	
	5:40 (32:56)	4:20 (37:16)	3:41 (40:57)	4:33 (45:30)	9:31 (55:01)	5:53 (1:00:54)	
	4:23 (1:05:17)	5:51 (1:11:08)	4:27 (1:15:35)	5:07 (1:20:42)	4:46 (1:25:28)		
6.	Peter Sandvang	AOK	1:26:16	+8:54	05:39		
	1:55 (1:55)	6:09 (8:04)	5:37 (13:41)	5:18 (18:59)	5:48 (24:47)	6:01 (30:48)	
	5:53 (36:41)	3:38 (40:19)	3:54 (44:13)	5:48 (50:01)	5:53 (55:54)	6:05 (1:01:59)	
	4:34 (1:06:33)	5:30 (1:12:03)	4:44 (1:16:47)	4:53 (1:21:40)	4:36 (1:26:16)		
7.	Magnus Wallenborg	Lunds OK	1:28:04	+10:42	00:59		
	2:20 (2:20)	6:54 (9:14)	6:29 (15:43)	3:38 (19:21)	5:01 (24:22)	5:02 (29:24)	
	5:59 (35:23)	4:50 (40:13)	3:55 (44:08)	3:49 (47:57)	6:26 (54:23)	6:50 (1:01:13)	
	4:56 (1:06:09)	6:27 (1:12:36)	4:44 (1:17:20)	5:02 (1:22:22)	5:42 (1:28:04)		
8.	Pesho Hedberg	Lunds OK	1:29:12	+11:50	01:39		
	2:11 (2:11)	5:43 (7:54)	6:49 (14:43)	4:06 (18:49)	5:05 (23:54)	5:22 (29:16)	
	6:24 (35:40)	4:45 (40:25)	4:33 (44:58)	3:19 (48:17)	6:57 (55:14)	8:19 (1:03:33)	
	4:32 (1:08:05)	6:42 (1:14:47)	4:26 (1:19:13)	5:01 (1:24:14)	4:58 (1:29:12)		

9.	Morten Bang Nørgaard	OK ØST Birkerød	1:31:29	+14:07	04:43		
	1:55 (1:55)	6:00 (7:55)	7:28 (15:23)	3:29 (18:52)	5:43 (24:35)	6:05 (30:40)	
	6:12 (36:52)	4:43 (41:35)	3:48 (45:23)	3:56 (49:19)	9:54 (59:13)	6:20 (1:05:33)	
	4:49 (1:10:22)	6:22 (1:16:44)	4:40 (1:21:24)	4:53 (1:26:17)	5:12 (1:31:29)		
10.	Troels Bent Hansen	Allerød OK	1:32:50	+15:28	01:11		
	2:26 (2:26)	7:23 (9:49)	7:15 (17:04)	4:02 (21:06)	5:44 (26:50)	6:16 (33:06)	
	6:26 (39:32)	4:42 (44:14)	4:10 (48:24)	3:36 (52:00)	5:47 (57:47)	7:19 (1:05:06)	
	4:45 (1:09:51)	7:07 (1:16:58)	4:38 (1:21:36)	5:22 (1:26:58)	5:52 (1:32:50)		
11.	Malte Lennerstedt	Lunds OK	1:34:14	+16:52	04:26		
	2:38 (2:38)	7:55 (10:33)	6:33 (17:06)	3:46 (20:52)	5:23 (26:15)	5:06 (31:21)	
	6:48 (38:09)	4:56 (43:05)	3:54 (46:59)	3:49 (50:48)	5:53 (56:41)	8:10 (1:04:51)	
	4:51 (1:09:42)	6:49 (1:16:31)	5:37 (1:22:08)	5:17 (1:27:25)	6:49 (1:34:14)		
12.	Johan svärd	Lunds OK	1:37:01	+19:39	13:06		
	2:22 (2:22)	5:47 (8:09)	6:06 (14:15)	3:46 (18:01)	5:13 (23:14)	16:04 (39:18)	
	6:10 (45:28)	4:26 (49:54)	4:56 (54:50)	5:18 (1:00:08)	5:32 (1:05:40)	7:01 (1:12:41)	
	4:35 (1:17:16)	5:59 (1:23:15)	4:09 (1:27:24)	4:57 (1:32:21)	4:40 (1:37:01)		
13.	Niels Duedahl	OK ØST Birkerød	1:37:33	+20:11	00:00		
	2:56 (2:56)	6:41 (9:37)	7:11 (16:48)	4:02 (20:50)	5:10 (26:00)	6:39 (32:39)	
	7:18 (39:57)	4:35 (44:32)	4:29 (49:01)	3:29 (52:30)	6:25 (58:55)	8:09 (1:07:04)	
	5:43 (1:12:47)	7:26 (1:20:13)	5:05 (1:25:18)	6:14 (1:31:32)	6:01 (1:37:33)		
14.	Steen Leisner Larsen	Allerød OK	2:00:47	+43:25	08:02		
	3:20 (3:20)	7:20 (10:40)	9:32 (20:12)	4:38 (24:50)	6:36 (31:26)	7:37 (39:03)	
	7:57 (47:00)	5:50 (52:50)	4:40 (57:30)	4:00 (1:01:30)	8:01 (1:09:31)	10:05 (1:19:36)	
	6:00 (1:25:36)	9:48 (1:35:24)	6:29 (1:41:53)	8:52 (1:50:45)	10:02 (2:00:47)		
	Michael Lindholm	Navet	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	Sebastian Giese	Örkelljunga FK	Ej startet				
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	

D1	(2 / 2)		Tid	Efter	Tidstab		
1.	Kirsten Brunstedt	OK ØST Birkerød	1:11:59		05:36		
	1:35 (1:35)	5:08 (6:43)	11:26 (18:09)	12:12 (30:21)	6:43 (37:04)	8:09 (45:13)	
	8:52 (54:05)	12:48 (1:06:53)	5:06 (1:11:59)				
2.	My Wallenborg	Lunds OK	1:17:29	+5:30	09:24		
	3:41 (3:41)	5:17 (8:58)	10:11 (19:09)	10:23 (29:32)	10:26 (39:58)	12:38 (52:36)	
	5:21 (57:57)	13:56 (1:11:53)	5:36 (1:17:29)				